

Wilmington Library News:

Virtual Haitian cuisine cooking demo on Thursday, Feb. 27

Adult Programs

Drop-in Tech Help
 Tuesday, Feb. 25, 2 p.m.
 Wednesday, Feb. 26, 2 p.m.
 Thursday, Feb. 27, 2 p.m.
 Saturday, Feb. 29, 2 p.m.
 Have a tech question that's been bugging you? Stop by Drop-in Tech Help.

Bookends Book Group
 Monday, Feb. 24, 10 a.m.
 This book group discusses contemporary books, both fiction and non-fiction, led by Library Associate Rebecca Lowe. Please stop by the library to pick up a copy of the featured book. This month's featured book is *The Blue Hour* by Paula Hawkins.

Needleworkers at Night
 Monday, Feb. 24, 6 p.m.
 These nighttime sessions are perfect for anyone who does any kind of needle craft but can't make it to Needleworkers during the day! Drop-in.

Hearing Aids Tips & Tricks (Hybrid)
 Monday, Feb. 24, 7 p.m.
 Technology Librarian Brad McKenna has been wearing hearing aids for almost twenty years. He gets the discussion started by showing what technologies he finds helpful. The discussion isn't limited to just technology. He'll also share practical advice, like asking people to rephrase not repeat, and what's involved in getting hearing aids in the first place.

Creative Writing Skills Group (Virtual)
 Tuesday, Feb. 25, 7 p.m.
 Learn and apply creative writing tips, tools, and techniques. Open to all who want to improve their writing skills and get their work published.

Haitian Cuisine Cooking Demo (Virtual)
 Thursday, Feb. 27, 6:30 p.m.
 Cook along with Chef Fabi of Fabishly Fed and learn how to recreate iconic dishes at home and uncover the rich history and cultural stories that make Haitian cuisine a global treasure.

Needleworkers
 Friday, Feb. 21, 10 a.m.
 This is a social group for those who do any kind of needle craft. Bring your knitting, crocheting, quilting, etc. and enjoy conversation and camaraderie. Drop-in.

Fiction Critique Group (Virtual)
 Saturday, March 1, 9:15 a.m.
 Love writing fiction? Whether you are drafting a short story or a novel, joining our Critique Group is a great opportunity to meet other writers and get constructive feedback.

Youth Programs
 Wilmington Community



▲Register now for a Virtual Haitian Cooking Demo on Thursday, Feb. 27 at 6:30 p.m! Cook along with Chef Fabi of Fabishly Fed and learn how to recreate iconic dishes at home while uncovering the rich history and cultural stories that make Haitian cuisine a global treasure!

Playgroup
 Monday, Feb. 24, 10 a.m.
 Join Community Teamwork Family Resource Network for a community playgroup where we'll work on Early Literacy skills and much, much more! Ask CTI about any resources they can help provide for you and your family. Ages 0-6, Siblings Welcome

Graphic Novel Book Club
 Monday, Feb. 24, 6 p.m.
 Graphic novel readers unite! Join our book club to discuss our book of the month, eat snacks, and vote on the next selection. This month's graphic novel is: *The Night Librarian* by Christopher Lincoln. Grades 3-5

Robotics Demo with WHS Robotics Club
 Thursday, Feb. 27, 3:30 p.m.
 The Wilmington High School Robotics Team will lead an interactive session

with their robot, where participants can drive the robot, practice putting the various pieces together, and see the robot code! Grades 3-8

Read to Stormy
 Thursday, Feb. 27, 4 - 5:30 p.m.
 Practice your reading skills with Therapy Dog, Stormy! Grades K-6

Baby and Me Yoga
 Saturday, March 1, 10 a.m.
 Looking for a way to incorporate yoga into your life with baby? Finding yourself nap-trapped, yet hoping to come back to the mat? Join YogaMoves for a Baby & Me Yoga class!

Additional Information

Save the Date:
 Thursday, May 8, 6:30 p.m.
 (The Fez Room at the Shriner's Auditorium)
 Wilmington Memorial Library is hosting best-selling novelist Chris Bohjalian whose newest book *The Jackal's Mistress* comes out in March! This first event in our new offsite author series will feature a presentation by Mr. Bohjalian, book sales/signing, a cash bar, and light refreshments. Registration begins in late March.

Laminate and Shred Your Documents at the Library!
 We now have a laminator

Book Store Next Door
 The Book Store Next Door is open Saturdays from 10 a.m. - 4 p.m. In January and February, the store is closed Wednesdays. Wednesday hours will resume March 5.

Museum Passes
 The library has discounted passes to your favorite Massachusetts museums, attractions, and state parks. Find the full list by visiting wilmingtonlibrary.org/services/mp.

WML In-Person & Virtual Programming
 Registration is required for most in-person programs and is required for all virtual programs, as you will need to register in order to receive the Zoom link. You can register on our website at www.wilmingtonlibrary.org or by calling (978) 658-2967.

Display Your Artwork at the Library!
 Call for artwork! Did you know the Wilmington Memorial Library allows professional artists to exhibit their work in the library's Stewart Room? Interested artists can apply to exhibit their work by visiting <https://bit.ly/wmlart>.

By **LIZZY HILL**
 News Correspondent

Select Board approves street acceptance

WILMINGTON — On Monday, Feb. 10, the Select Board received memorandums and requests regarding street acceptance and use of town spaces.

They initially returned from executive session which was set aside in their agenda for discussion of strategies with respect to collective bargaining for municipal employees and potential litigation from the Commonwealth of Massachusetts due to MBTA zoning legislation.

The board invited a Wilmington Girl Scout troop to their meeting, who led the board through the Pledge of Allegiance. Some of the questions that the girls asked about the board included how long their

terms are and how their roles differ from the town manager's role.

Chair Greg Bendel explained that their terms are three years long but they can run for re-election. He also described that the town manager's job is to present the board members with information, and the board prepares the agenda for things like elections, budgets and new buildings.

Town Manager Eric Slagle added that the Select Board members are his bosses.

"They tell me the big things that they'd like to do, and I go out and try to get them done," he said.

He also pointed out that

the board members have day jobs and they volunteer their time for the town at night for the board.

Bendel wished all of the girl scouts well and thanked them for their efforts.

The board received a recommendation from Town Engineer Paul Alunni and the Department of Planning & Conservation to lay out the ways described in the proposed warrant article: Eleanor Drive Extension, Murray Hill Circle, and Eagleview Drive.

Slagle provided that the board was asked to initiate the street acceptance process for these streets. He also mentioned that the Planning Board reviewed the street acceptance plan in January and recommended the board initiate the process in the recommended layout.

They voted in accordance with the recommendation to move forward with the layout as detailed.

Slagle also wrote a memo to the board that night to make them aware of several warrant articles for the upcoming annual Town Meeting. Slagle shared about two petitioned warrant articles proposed to establish term limits for elected officers and rezoning

306 Main St. from residential to general business.

He also mentioned that warrant articles were received from the Disability Commission, Historical Commission and the Planning Board regarding zoning.

Bendel also said that the board would be signing the warrant within the next few weeks, at their March 10 meeting.

Recreation Director Brett Sawin informed the board via memo about a desire to start charging for-profit businesses from out of town for the use of Yentile's turf field. Slagle stated that the town previously has not charged fees for the use of this field and funded the cost of ongoing maintenance and repairs for the field from the Recreation Department's revolving account.

Therefore, out of a conversation between Sawin and Slagle, they were suggesting charging a fee for its use by out-of-town for-profit groups. They would charge \$50 an hour.

Lilia Maselli commented that the fee seemed to make sense.

Frank West asked if any liability would fall on the town. Slagle replied that

they would require the for-profit out-of-town group to maintain liability insurance, and for in-town groups, use is at their own risk.

Kevin Caira asked if there was any desire to charge for-profit groups in town. Bendel suggested instead that what was proposed was a good first step, and they could revisit the idea in the future.

The board therefore voted in favor of charging only out-of-town for-profit groups for the use of Yentile's turf field.

They also approved a request from the Recreation Department for the use of the town common and gazebo for the summer concert series on July 9, July 16, July 23, and July 30. Rain dates would be the 10th, 17th, 24th, and 31st.

In public comment, resident Kevin MacDonald commented to question union contracts requiring new employees to start in the town at the lowest level, the increase in the trash collection costs with Casella, the potential residential tax increase with the new elementary school, and the increase of the cost of town employee health benefits.

Bendel reminded MacDonald that he could ask the

town hall staff these questions during the day. He also shared appreciation for the town's employees and invited residents to vote according to their preference for the new elementary school on Sept. 13.

MacDonald spoke up again later to suggest that the board use a public online checkbook instead of the warrants that they approve at their meetings.

Among announcements were a Scout Mass on Feb. 23 at St. Thomas church, the ongoing Finance Committee meetings, the meeting of the Building Reuse Committee, the grand opening of the Senior Center on Feb. 14 at 1 p.m., and a shoutout to Officer Jonathan Morales who was recognized for his role in solving a state police case.

The Salute to Service that night honored US Navy Veteran Leon G. Chalfour, who Bendel said served aboard the U.S.S. Abbot from 1952 to 1956 and earned medals including the national defense service medal and Korean service medal before he moved to Wilmington.

The board will meet next on Monday Feb. 24.

Advertisement

It's Your Money

by Todd Brisbois

Energy efficient home improvements could help people reduce energy bills and taxes

There are two tax credits to help offset costs of making energy efficient improvements:

Energy Efficient Home Improvement Credit: Taxpayers can claim the Energy Efficient Home Improvement Credit only for improvements, additions or renovations to an existing home. It doesn't apply to newly constructed homes. Qualifying costs may include exterior doors, windows, skylights and insulation materials; central air conditioners, water heaters, furnaces, boilers and heat pumps; biomass stoves and boilers; and home energy audits. The amount of the credit taxpayers can take is a percentage of the total improvement expenses in the year of installation — 2023 through 2032: 30%, up to a maximum of \$1,200 annually. Biomass stoves and boilers have a separate annual credit limit of \$2,000 annually with no lifetime limit.

Residential Clean Energy Credit: Taxpayers can also claim the Residential Clean Energy Credit for qualifying costs for either an existing home or a newly constructed home. Qualifying costs may include solar, wind and geothermal power generation equipment; solar water heaters; fuel cells; and battery storage. The amount of the credit taxpayers can take is a percentage of the total improvement expenses in the year of installation — 2024 through 2032: 30%, no annual maximum or lifetime limit.

Who can claim the credits: taxpayers making improvements to their principal, or in some cases, secondary residence may be eligible for these credits. In some cases, renters may also be able to claim specific costs. Landlords can't use these credits for improvements made to any homes they rent out. See Form 5695 instructions for more information.

To claim these credits, taxpayers should file Form 5695, Residential Energy Credits, with their tax return.

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Fun on the Fourth to take place June 25 - 29

WILMINGTON — The Wilmington Fourth of July Committee is pleased to announce the 43rd anniversary of the Fun on the Fourth Celebration will take place June 25 through

June 29, 2025 on the town common and Fourth of July Parking Lot, pending final permits and approvals.

The Committee invites local community groups

and nonprofits to participate in the Celebration with a booth on the common to sell novelty items, food items, refreshments, etc.

Interested Community

Groups are asked to contact the Fourth of July Committee at fofcommittee@gmail.com and request a registration form. Registration forms are due on March 10, 2025.

News and notes from WCTV

Hello friends and neighbors! Here's what's going on at WCTV!

NEW PROGRAMMING JUST FOR YOU!

Select Board Meeting — Feb. 10, 2025
 Catch up on the key highlights from the Wilmington Select Board Meeting held on Feb. 10, 2025!

From discussions on upcoming elections to zoning changes and new town projects, this meeting covers important updates for all residents. Special shout-out to the Girl Scouts for their inspiring participation and thoughtful questions!

Wildcat Sports Update Episode 98 — Boys Hockey
 Host Jim Boyle sits down with captain Matt O'Brien and seniors Tyler Marinho and Tyler Florencio about their hockey season, years playing and more.

*These programs can be viewed on WCTV channels or on WCTV's Youtube channel: WCTVWilmington.

Meetings covered by WCTV:
 Monday, Feb. 24, 7 p.m. Select Board
 View on: Verizon channel 38 and Comcast channel 22

Tuesday, Feb. 25, 7 p.m.

Finance Committee
 View on: Verizon channel 38 and Comcast channel 22

Wednesday, Feb. 26, 7 p.m. School Committee
 View on: Verizon channel 38 and Comcast channel 22

Thursday Feb. 27, 7 p.m. Finance Committee
 View on: Verizon channel 38 and Comcast channel 22

Follow us:
 Twitter: [WCTV \(@Wilmington_TV\)/Twitter](https://twitter.com/Wilmington_TV)
 Facebook: WCTV: Wilmington Community Television
 Instagram: [wilmington tv](https://www.instagram.com/wilmington_tv)

Youtube: WCTV Wilmington

WCTV Channels:
Public Channel: Verizon 37, Comcast 9.
Meetings and Government Channel: Verizon 38, Comcast 22.
Access Channel: Verizon 38, Comcast 6.
 To watch programs On-Demand or for more information check us out at WCTV.org.

WCTV is located at 10 Waltham Street, Wilmington

Office hours by appointment: (978) 657-4066.
Questions about WCTV? Contact: info@wctv.org

OBITUARIES

Gwendolyn Rice Andersen

Active in church, volunteered in school system

Gwendolyn Rice Andersen, 89, of Wilmington, passed away Jan. 30 2025.

A lifelong resident of Wilmington, Gwen was the cherished daughter to Norman and Thelma Rice. She graduated from Wilmington High in 1953.

She worked in the medical field and later was the bookkeeper for her husband Don's businesses (D&D Gulf in Wilmington and Lincoln Ave Gulf in Haverhill), and was the customer service representative at Sears Hardware where she enjoyed helping customers.

She had a strong conviction to her beliefs. Gwen was active in her church and volunteered in the school system for many years.

She enjoyed playing her Wurlitzer organ, teaching her children sports and watching sports, especially

the Red Sox.

Through the years she and Donnie enjoyed bowling, dancing, travel and their cottage in Maine.

Gwen will be most remembered for her unconditional love, dry sense of humor and her quick wit often accompanied by a twinkle in her eyes and a slight grin, then laughter by those around her.

She was greatly loved, and loved back wholeheartedly, and will be missed.

Gwen was preceded in death by her beloved husband Donald "Donnie" of 53 years.

She was the devoted mother of William and his spouse Tracey of Sandwich, Charlene and her spouse Cheryl Smith of Nottingham, NH, and Pennilyn Dudley and her spouse Paul of Wilmington, and loving grandmother of Derek and Karl Andersen.



Gwen is also survived by her brother, Norman Rice Jr., sister Muriel Collins and several nieces and nephews.

A private interment will be held at Wildwood Cemetery in Wilmington.

In lieu of flowers, memorial donations in Gwen's name may be made to Clary Lake Association PO Box 127 Whitefield ME 04353

Diane J. (Cashman) McBay

Had a love of animals; rescuing several

Diane J. (Cashman) McBay, age 70, of Wilmington, passed away peacefully with her family at her side on Feb. 15, 2025.

Diane was born on Jan. 25, 1955, in Lynn; she was the cherished daughter of the late Joan (Richards) Ferrante and Fred Cashman of Plymouth. Diane was raised and educated in Swampscott, where she made many life-long friends.

She met the love of her life and best friend Francis "Frank" McBay in 1984; the couple married and settled in Wilmington in 1986.

Family was everything to Diane; she was their biggest source of encouragement, their greatest mentor, their biggest cheerleader, and their truest friend. Diane would drop anything in a heartbeat if her family needed her no questions asked.

Diane was devoted to her children and when she became a Meme as her grandchildren started to arrive her world became even brighter; she cherished her new role and enjoyed every minute she spent with them. She was the best Meme any child could ask for.

Diane loved to have her family around whether it was at their Wilmington home or at their home on the Island in Alton, New Hampshire, on Lake Winnepesaukee. Diane would often be found cooking up a storm in the kitchen to entertain family and friends or out in her yard on the lake planting beautiful flower gardens.

She loved to be out boat-

ing on the lake as she relaxed and enjoyed the sunshine or taking in a beautiful sunset in the evening.

Diane worked hard throughout her life; she was a home health aide until her retirement, and she doted on her patients, often treating them like extended family. She was the ultimate caregiver to so many people throughout her life; whether you were friends, family, or a complete stranger that may have needed her help. She was always there to lend a hand to anyone in need.

Diane also had a strong faith in God and a true belief in Heaven; she was a member of the Wilmington Congregational Church where she made some wonderful friends and shared a great fellowship. She enjoyed attending Sunday services.

Diane will be fondly remembered for her love of animals, rescuing several throughout the years. She also enjoyed listening to smooth jazz, dancing in the kitchen with anyone who wanted to join her, and watching the reruns of Golden Girls.

Diane was a beautiful woman inside and out; she had a heart of gold and a great personality that drew others to her. She was a wonderful lady and will forever live on in the hearts of those she loved.

Diane was the beloved wife of Francis "Frank" McBay, devoted mother of Jennifer Parker and husband Robert of Nashua, NH, Danielle Perrotti and husband Anthony of Wilmington, Kimberly Connolly of Londonderry, NH,



and the late Scott McBay.

Loving Meme of Anthony Perrotti, Jr., Joseph Perrotti, who will always be her heart angels, Patrick McKinnon, Connor McKinnon, Taylor McKinnon, and Lindsey McKinnon.

Dear sister of Ricky Cashman of Florida and the late Carl Cashman. Diane is further survived by her extended family and many wonderful friends.

Family and friends will gather for a Service to celebrate Diane's life on Saturday, March 1 at 10:30 a.m. in the Wilmington Congregational Church, 220 Middlesex Ave., Wilmington.

In lieu of flowers, please consider a donation in Diane's memory to Cancer Research at Dana-Farber Cancer Institute, PO Box 849168, Boston, MA 02284-9168 or to Animal Rescue at the MSPCA at Nevins Farm, 400 Broadway, Methuen, MA 01844.

Arrangements are under the direction of the Nichols Funeral Home, Wilmington. To leave a message of condolence for the family please visit our website at www.nicholsfuneralhome.com

Linda M. Kirk

Retired Tewksbury Hospital nurse

Linda M. (Allen) Kirk, R.N., age 84, a resident of Tewksbury for 56 years, formerly of Somerville, passed away on Friday, Feb. 14, 2025 at the Sawtelle Hospice House in Reading with her family by her side.

She was the beloved wife of Richard A. Kirk, with whom she celebrated their 61st wedding anniversary on the day of her passing, Feb. 14, 2025.

Born in Winthrop on Dec. 28, 1940, she was the daughter of the late Charles Allen and the late Donaldine (Carter) Allen. Linda was raised in Scituate and graduated from Scituate High School. Following high school, she attended the Mount Auburn Hospital School of Nursing, where she received certification as a registered nurse.

Linda worked as a Registered Nurse at the former St. John's Hospital in Lowell and retired from the Tewksbury Hospital in 2002 after 35 years of service. Her dedication to her patients was unmatched.

Linda created many friendships and memories throughout her time in Tewksbury with the Couples Club crew she met through St. Williams. Taking up golf later in life, she enjoyed playing with

her husband, daughter and son-in-law, at many area golf courses, including the Tewksbury Country Club.

After retirement, she began traveling with her lifelong friends Julie and Dick Brown. Their adventures took them across the country as well as Ireland, a European Cruise, Hawaii and Alaska.

In addition, she enjoyed playing Bingo at St. William's Church, and enjoyed her yearly mother/daughter trip to Foxwoods. She found joy in tending to her flower gardens around her home.

Linda's greatest enjoyment came from spending time with her grandchildren. She could be found at theaters, rinks and courtside watching them do what they loved best. Some of her fondest memories were spent during the summer with them for vacation in Wells, Maine.

In addition to her husband, she is survived by three daughters, Annemarie L. Kirk, of Tewksbury, Denise Kirk Driscoll and her husband Dana, of Salem, NH, and Kimberly H. Hillson and her husband Tom, of Andover and three grandchildren, Kirk, Carter and Kate Hillson.

Linda is survived by one brother, David Allen, and



his wife Cindy, of Jacksonville, FL, and a very dear cousin, Sandy Grady. She was an aunt and great aunt to many nieces and nephews.

Calling hours are Saturday, Feb. 22, from 9-11 a.m. at the Farmer & Dee Funeral Home, 16 Lee St., Tewksbury, followed by her Funeral Mass to be celebrated at 11:30 a.m. at St. William's Church, 1351 Main St., Route 38, Tewksbury. Services will conclude with interment at St. Mary cemetery, 90 River Road, Tewksbury.

In lieu of flowers, donations in her memory may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or online at www.stjude.org

Anthony John 'Chickie' Nocera

Served in the United States Army

Anthony John "Chickie" Nocera, 90, a longtime Tewksbury resident, passed away peacefully with his family by his side Thursday, Feb. 13 at Bear Mountain at Andover.

He was the widower of the late Evelyn (Robinson) Nocera who passed away in 2023 after 57 years of marriage.

Chickie was born on Jan. 4, 1935, in Boston. He was a son of the late John Nocera and the late Rita (Colusso) Nocera and was raised and educated in the Watertown area and graduated from Watertown High School.

Following his graduation, he enlisted in the United States Army, serving his country for a number of years before receiving his honorable discharge.

He was a longtime communicant of St. William of York Church in Tewksbury. For his entire life, he was a devout Catholic and his faith guided him in all things. He was a man of unwavering integrity and honesty.

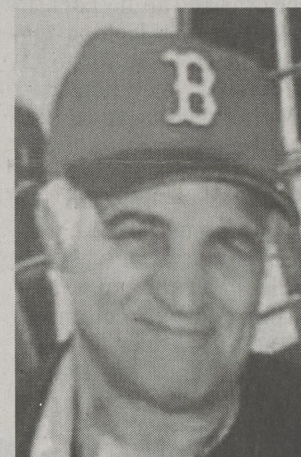
Loved and respected by all who knew him, he was also laid back and almost

always had a smile on his face.

Chickie loved gardening and was an avid Patriots and Red Sox fan. When he wasn't in the garden or watching sports, he could often be found on his lawnmower with his grandchildren, riding along and singing Italian songs.

He is survived by his children, Rita Nocera and her partner John Powell, of Wareham, Laurie Neilson and her husband Erik of Plymouth, John Nocera of Phoenix, Arizona, Deborah Carpenter of Dracut and Jean MacLaren and her husband, Ricky MacLaren of New Hampshire, his grandchildren, Steven Warren, Jr, Ross MacLaren, Anthony Stecchi, Nicole Nocera and her partner, Jamison Whary, Dominic Nocera, Frank Nocera, Michael Nocera, Alysia Interrante, Stephanie McCabe, Kimberly McCabe, Rebecca Callaway, Gabrielle Neilson, Madeline Neilson, and his great grandchildren, Amelia Callaway, Hazel Callaway and Dominic Nocera, Jr., and several nieces and nephews.

He was predeceased by his parents, his two sons, the late George "Buddy" Nocera and the late Rob-



ert S. "Bobby" Nocera, his brother, Stephen Nocera, his granddaughter, the late Kelly Anne McCabe and his brothers-in-law, Joseph "Buddy" Robinson and Norman Robinson.

On Wednesday, Feb. 19, all were welcome to attend his calling hours from 8:30 a.m. until 10:30 a.m. at Tewksbury Funeral Home, 1 Dewey St., Tewksbury, 978-851-2061. His funeral mass was offered at 11:30 a.m. at St. William's Church in Tewksbury, followed by burial at St. Mary Cemetery in Tewksbury.

Please find us on Facebook or visit www.TewksburyFuneralHome.com to leave the family a message of condolence at any time.

Erik R. Pote

Captain of his high school hockey team

Erik R. Pote, age 53, of Lebanon, ME, formerly of Tewksbury and Wilmington, passed away at home on Feb. 16, 2025, from injuries sustained in an accident.

Erik was born in Winchester on Sept. 4, 1971; he was the cherished son of Marie H. (Hersom) and the late Ira "Tom" Pote of Wilmington.

Erik was raised in a large and loving family; he attended Wilmington Public Schools and was a graduate of Wilmington High School with the Class of 1990.

Erik loved sports; as a kid he played youth hockey, little league baseball and pop warner football. When he got to high school, he played hockey for the Wilmington earning his spot as captain of the team in his senior year.

Erik made many life-long friends through his sports and school activities.

After graduating from high school, Erik went on to attend the New England Fuel Institute where he learned about oil burners and boilers. Erik worked as a burner and boiler technician for several years before taking a position in the construction field with the Scire Construction Corporation in Woburn and more recently he was working at Express Excavation in Billerica.

Erik was a great employ-

ee, hardworking, knowledgeable, and always willing to go the extra mile to get the job done. He made many friends with his co-workers as well as his bosses throughout the years.

When not working or taking on a house project, Erik looked forward to the time spent with his family. There were countless family cookouts, parties, holidays, family vacations, and "Tuesday night dinners" at the family home-stead.

Erik was a devoted dad, son, brother, uncle, and more recently he became a "Grumpy" to his grandson whom he adored.

The Pote house was always full of fun, laughs, family banter, and a lot of love. Erik would do anything for his family, no questions asked.

Erik will be remembered for his great sense of humor, his incredible work ethic, and for his unconditional love and devotion to his family and friends. His untimely passing has left a huge void, but he will forever live on in the hearts of those who loved him.

Erik was the devoted father of Brandon Pote and Hayley Pote both of Wilmington, loving "Grumpy" of Carter Thomas Pote, beloved son of Marie and the late Ira "Tom" Pote, former husband and friend of Lisa Pote of Wilmington, dear brother of Ira T. "Tom"



Pote, Jr. and wife Paula of Wilmington, James A. Pote and wife Julie of Hudson, and Nancy M. Cassidy and husband Rob of Wilmington.

Special uncle of Darrin and fiancé Emma, Thomas, Lennox, Teagan, Liam, Brady, Rachael, Samantha, Alyssa, Ericka, Max, and great-nephew Casey.

Erik is survived by a large and loving extended family of aunts, cousins, and friends.

Family and friends are welcome to gather for a Funeral Service on Saturday, Feb. 22 at 11 a.m. in the Abundant Life Church, 173 Church St. (Rte. 62), Wilmington.

Arrangements are under the direction of the Nichols Funeral Home, Wilmington. To leave a message of condolence for the family please visit our website at www.nicholsfuneralhome.com

Hickey, Mitchell named to Dean's List at U of Tampa

TAMPA, FL — University of Tampa has honored 2,300 students who were named to the Dean's List for the fall 2024 semester. Students must maintain a GPA of 3.75 or higher to be eligible for the dean's list.

• Mackenzie Hickey, of Tewksbury, is a Sophomore majoring in Forensic Science BS

• Emily Mitchell, of Tewksbury, is a Junior majoring in Management BS

The University of Tampa is a private, comprehensive university located on 110 acres on the riverfront in downtown Tampa.

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cellence, personal attention and real-world experience in its undergraduate and graduate programs, the University has about 200 programs of study and serves more than 11,000 students from 50 states and most of the world's countries.

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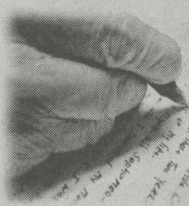
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Letter to the editor

Tosto announces candidacy for Tewksbury Select Board

Dear Tewksbury, I hope this letter finds you well. My name is Lindsey Marie Dunlevy Tosto, and I am writing to introduce myself as a candidate for the Tewksbury Select Board in the upcoming April 5 election. I am excited to have the opportunity to serve the community that has meant so much to my family and me. I am a third-generation Tewksbury resident who graduated from Tewksbury Memorial High School in 2012. I went on to attend the University of New Hampshire, where I received a Bachelor of Science in Business Administration with a concentration in Accounting and Finance. Shortly after graduating, I began my career in public accounting at Ernst & Young in their tax group, where I also completed my Certified Public Accountant (CPA) license. I have since moved on to my current firm, Standish Management, as a fund accountant working with private equity and venture capital funds. In 2022, I was fortunate to buy a home in Tewksbury with my husband, where we now reside with our rescue dog, Brydge. We are both thrilled to be back in town and are looking forward to growing our family here for years to come. My motivation to run for the Tewksbury Select Board stems from my deep desire to give back to the town I proudly call home. Having grown up here, I understand the value of a strong, vibrant community, and I'm eager to apply my experience in finance and strategic planning to help guide the town's future. I am passionate about

improving the town's water infrastructure by working with the Department of Public Works (DPW) to develop and implement a plan. I am also focused on ensuring the creation of open and green spaces for families of all ages to enjoy for years to come. I will work with our delegation at all levels to make sure Tewksbury's needs are effectively represented. I am committed to aiding our senior citizens by working with the town to bring back the Senior Citizen Tax Work-Off Program. Additionally, I will continue supporting our schools and ensuring Tewksbury remains a great place for families to live, work, and thrive. I want to be a voice for all residents, advocating for smart growth, fiscal responsibility, and the preservation of the quality of life that makes Tewksbury special. Tewksbury has given me so much, and I am ready to give back. With your support, I will bring thoughtful leadership and a commitment to making Tewksbury an even better place to live, work, and raise a family. I'd love for you to join me at Brothers Sports Bar & Grille on Thursday, Feb. 27, from 6 to 9 p.m. for my campaign kickoff! To learn more about me and my platform, please visit lindseydunlevytosto@tewksbury.com. If you have any questions or concerns, feel free to reach out to me directly at lindseymdtosto@gmail.com. Thank you for your time and support. I look forward to earning your vote. Together, we can build a bright future for Tewksbury!

Lindsey Marie Dunlevy Tosto

Local residents named to Dean's List at Saint Anselm

MANCHESTER, NH — Saint Anselm College has released the Dean's List of high academic achievers for the first semester of the 2024-2025 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.4 or better in the semester with at least 12 credits of study which award a letter grade. A total of 622 students representing 23 states and four countries received this honor. Mark W. Cronin, Dean of the College, announced that the following students have been named to the Dean's List for the fall 2024 semester at Saint Anselm College, Manchester, New Hampshire.

- TEWKSBURY**
- Collin Capistran, Finance Major
 - Samantha Ryan, Community and Public Health

- Major**
- Benjamin Svendsen, International Relations Major
- WILMINGTON**
- Vincent Callahan, History Major
 - Robert Elliott, Business Analytics - Major

About Saint Anselm College

Founded in 1889, Saint Anselm College is a four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in southern New Hampshire near Boston and the seacoast, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, a highly successful nursing program, a legacy of community service and a commitment to the arts.

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All submissions must be accompanied by full name, address, and daytime contact information for verification purposes. Letters must be e-mailed by noon on Monday in order for consideration the same week's edition.

Includes Tewksbury

Healey-Driscoll Administration awards more than \$12.6M to expand internet

BOSTON — The Healey-Driscoll administration and the Massachusetts Technology Collaborative's Massachusetts Broadband Institute (MBI) announced \$12,671,242 to expand internet in locations unserved and underserved by broadband in 96 cities and towns across the state. MBI awarded the funds to two internet service providers, Comcast Cable Communications Management and Verizon New England, through the second round of the Broadband Infrastructure Gap Networks Grant Program, which deploys broadband infrastructure in areas that currently it. "Internet access is an economic imperative, and we're proud to be expanding access to these essential services to communities across the state," said Governor Maura Healey. "MBI is connecting people without sufficient access so they can take advantage of the digital economy." "Local communities are a strong partner as we work to identify and solve infrastructure challenges to close the digital divide," said Lieutenant Governor Kim Driscoll. "Our work to expand internet access will bring enormous economic benefits to individuals, schools, businesses, and nonprofits across our state." "Massachusetts is leading the nation in its efforts to expand internet access to every business and residence," said Economic Development Secretary Yvonne Hao. "This round of Gap Networks awards furthers our commitment to ensuring everyone has the access needed to participate in the digital economy." "The pandemic in par-

ticular showed us how disparities in internet availability and affordability translate to differences in how people participate in and access critical services," said Director of Federal Funds and Infrastructure Quentin Palfrey. "Thanks to funds made available by President Biden's Internet for All agenda, today's awards will help us make critical progress in closing internet service gaps across Massachusetts." "Our state is one step closer to achieving In-

ternet for All through these strategic investments across communities," said MBI Director Michael Baldino. "The Gap Networks program will close existing gaps in service, increase community engagement, expand educational opportunities, and advance our overall economic output." Below are the grant recipients, grant totals, and municipalities served by these awards shown in chart below: The Gap Networks program aligns with the goals

of the federal Internet for All initiative, which aims to connect every community across the country to reliable high-speed internet. The Massachusetts Broadband Institute has continued to make significant progress in expanding high-speed internet access, affordability, and adoption across the state. In early December 2024, the National Telecommunications and Information Administration committed \$14.1 million to MBI programs, including MBI's Municipal Digital Equity Planning and Implementation programs, which support digital equity initiatives at the local level. Also in December 2024, MBI announced more than \$6 million through MBI's Residential Internet Retrofit Program, which invests in upgrades to outdated wiring in affordable housing units across the state.

About the Massachusetts Broadband Institute at MassTech

A division of the Massachusetts Technology Collaborative, Massachusetts Broadband Institute (MBI) is working to extend high-speed internet access and availability across the state. To achieve this, MBI uses state and federal funding to launch infrastructure expansion programs that target areas of the state that lack high-speed internet access as well as digital equity programs that tackle barriers to internet adoption and increase availability, addressing critical issues around affordability, enhanced public Wi-Fi, the need for internet-enabled devices, and digital literacy training. Learn more at <https://broadband.masstech.org>.

Grant Recipient	
Comcast Cable Communications Management	Verizon New England
Communities Covered	
Abington, Andover, Ashby, Ayer, Barnstable, Bedford, Bellingham, Billerica, Blackstone, Bolton, Bourne, Bridgewater, Brockton, Buckland, Carlisle, Carver, Chelmsford, Conway, Danvers, Dracut, Duxbury, East Bridgewater, Essex, Franklin, Gardner, Georgetown, Gill, Granby, Groveland, Hatfield, Haverhill, Holliston, Hopedale, Huntington, Ipswich, Kingston, Lancaster, Lowell, Lynnfield, Manchester-by-the-Sea, Marblehead, Marlborough, Marshfield, Medway, Merrimac, Methuen, Middlefield, Millis, Montague, Montgomery, Needham, Newbury, Newburyport, Northampton, Northfield, Norton, Norwell, Orleans, Pembroke, Phillipston, Plainville, Plymouth, Plympton, Rehoboth, Rockport, Russell, Salem, Sharon, Shelburne, Shirley, Sudbury, Sunderland, Swansea, Tewksbury, Topsfield, Truro, Walpole, Watertown, Westford, Westhampton, Westminster, Weston, Weymouth, Whately, Williamsburg, Winchendon, Woburn	Eastham, Millville, Templeton
Grant Amount	
\$11,317,283	\$1,353,959

Enrollment now open for 'Summer at Shawsheen' program

BILLERICA — Shaw-sheen Valley Technical High School is excited to announce that enrollment is now open for the greatly anticipated 2025 "Summer at Shawsheen" program! Designed to offer an engaging and affordable summer experience, this program provides a wide variety of opportunities for local youth, ranging in age from 7 to 18. Over the course of four weeks, participants can choose from more than 25 diverse offerings tailored to different interests and

skill levels. Each summer, "Summer at Shawsheen" attracts students eager to explore new interests, develop valuable skills, and experience life at Shaw-sheen in a fun and supportive environment. Led by expert instructors, including Shawsheen's esteemed educators, coaches, and industry professionals, the program features an exciting mix of sports clinics, vocational-technical workshops, academic courses, and enrichment pro-

grams. New this year, students can dive into fresh offerings such as Introduction to Cosmetology, a Beginner Crochet Clinic, Introduction to Design & Visual Communications, and Video Game Development. Returning favorites include Introduction to Programming & Web Design, Adventure Club, Cupcake & Cookie Design, the Summer Drama Program, and the ever-popular College Application/Essay Prep course. For young athletes,

sports clinics such as Boys Basketball, Girls Basketball, Baseball, Softball, Cheering, and Volleyball will once again be available. Following last summer's record-breaking attendance, this year's programs are expected to fill up quickly. Families are encouraged to register early to secure a spot in their preferred courses. For more information and to enroll, visit www.shawsheentech.org/summer2025 or email summer@shawtech.org.

Book Stew Review

'City of Night Birds' by Juhea Kim

By EILEEN MACDOUGALL

Anyone who appreciates ballet will plunge right into this fictional recounting of the life of a modern Russian ballerina, Natalia Leonova. As the daughter of a single (and that back story eventually emerges) mother who works as a seamstress for the Mariinsky Ballet, Natalia is a "jumper" and is the most talented of her classmates. She becomes a prima ballerina at the Bolshoi, after winning national competitions, and partners with Sasha, a celebrated male dancer, on stage and off.

The politics occurring within company management take their toll on Natalia, as does the takeover of Crimea by Russia, for Sasha. Eventually Natalia and Sasha move on to the Paris Ballet, where her most productive years are spent. There's a great big gulp of "inside baseball" in the novel and the reader who is not enchanted by ballet (or who can't handle Russian names!) may not make it through the entire book. I loved it — the writing is beautifully descriptive at critical points — although the time shifts can be a bit confusing on audio.

Tewksbury - Wilmington

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Wellness & Health

Your Money & your Health

5 tips to help you choose your 2025 health benefits

(BPT) - As millions of Americans evaluate their health plan options during this fall's open enrollment season, a new survey finds that 3 in 5 Americans incorrectly defined key health care terms. This knowledge gap may result in less-than-ideal selections, which could cause you to miss out on plans that might better suit your needs and offer potential cost savings.

Enrollment timing: For people with coverage from their employer, open enrollment typically happens during a two- or three-week period between September and December. For those eligible for Medicare, the Medicare Annual Enrollment Period runs from Oct. 15 to Dec. 7 each year. For people shopping for individual plans on the Health Insurance Marketplace, open enrollment begins Nov. 1, 2024, and ends Jan. 15, 2025, in most states.

Here are a few tips to consider when choosing a plan that may help lead you to better health and cost savings:

1. Plan ahead. Take time to understand the benefits, services and costs of plans available - including what might have changed with your current coverage. Pay attention to more than just the monthly premium, also understanding what out-of-pocket costs like deductibles, copays and coinsurance you may be responsible for. Resources like JustPlainClear.com and MedicareMadeClear.com

can provide valuable assistance.

Medicare members and caregivers: As you weigh your options, assess the differences between Original Medicare and Medicare Advantage. Visit MedicareEducation.com to find answers to questions about eligibility, plan choices, prescription coverage and more.

2. Help prevent unexpected costs. Check if your doctor is in your plan's provider network, since visiting in-network providers can help reduce out-of-pocket costs. Make sure your medications will be covered next year by the plan you choose. And consider filling your prescriptions at an in-network pharmacy or with home delivery - more cost-efficient options.

Medicare members and caregivers: Original Medicare doesn't generally cover prescription drugs. Consider enrolling in a Medicare Advantage plan with prescription drug coverage to help keep medication costs in check.

3. Explore mental health coverage. Beyond in-person mental health care, you may have access to a virtual network of therapists and psychiatrists, along with advocates to help find the right behavioral health care or resources.

Medicare members and caregivers: Look for plans that offer virtual mental health care with a \$0 copay.

4. Look into specialty benefits. Additional benefits,

such as dental, vision, hearing or critical illness insurance, are often available and may contribute to overall well-being.

Medicare members and caregivers: Original Medicare doesn't cover most dental, vision and hearing

HEALTH BENEFITS
NEXT PAGE



Historic Melrose Rest Home under new ownership

Oosterman Rest Home, a landmark long-term care facility on Laurel Street in Melrose, has new owners.

The home, which has 25 beds for both men and women, is now owned and operated by Samina Kashif and her family. Kashif will serve as the Home's Administrator. The Kashif family also owns rest homes in Amesbury and Athol, Massachusetts.

Opened in 1946 by Eva and Grietsen Oosterman, the Rest Home has been family-owned and operated for four generations. The Oosterman name will remain.

"We always believed 'Family taking care of Family' was our benchmark for providing top quality care," says former owner Bob Oosterman, "When we met Samina and her family, we knew they would carry on the tradition the Oosterman family is so proud of."

"When we heard that the Oosterman Rest Home was possibly up for sale, we were very excited," Kashif added. "They have a great reputation for quality care at affordable prices." Kashif said.

"We're honored to carry on the Oosterman tradition," she added. "They have established high standards of quality care and we intend to live up to them."

For more information, call Erica Brodie, Assistant Administrator, at 781-665-3188.



SAMINA KASHIF is the new Owner and Administrator of Oosterman Rest Home in Melrose.

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Oosterman Rest Home

Quality Affordable Senior Care

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Annual legal checkup for seniors - 2025

= By Susan M. Mooney, Esquire =

The best advice I can give to any senior is that pre-planning for your lifetime needs is critically important, as well as planning for distribution of your estate after your death.

An annual review of your estate plan is a good practice especially for seniors, or a review at any time when laws or life circumstances change due to health, living arrangements, or finances, or at least every five (5) years. The first step in any estate plan should include documents related to lifetime planning and protections, such as a Durable Power of Attorney and Health Care Proxy. These documents take care of you during lifetime and ensure that during lifetime your financial and medical needs, intentions and wishes are followed. Further, estate planning documents, such as Wills and Trusts relate to division of your belongings and other assets after your death, in accordance with your wishes and direction.

The following is a list of documents and decisions to consider with your annual legal checkup in 2025.

1. DURABLE POWER OF ATTORNEY: A Power of Attorney is a very simple and inexpensive legal document that allows you to designate an individual who is authorized to act in your place during your lifetime, to conduct and participate in financial transactions on your behalf. By executing a Power of Attorney, you avoid the risk of the Court appointing a Conservator to manage your affairs if you were to become unable to do so.

2. HEALTH CARE PROXY: The Health Care Proxy is the single most important estate plan document that any individual can have. It is a simple and inexpensive legal document that appoints the person(s) of your choice as your health care agent, to make medical decisions on your behalf, ONLY in the event you are not legally competent or conscious to do so yourself. It is important to name agents to avoid a Court appointed Guardianship, which is costly and can be delayed for weeks or months when a decision may be needed urgently.

3. HIPAA RELEASE: Separate and apart and in addition to a Health Care Proxy, a HIPAA release will allow your medical team to release information to those you name on the HIPAA release, whether you are competent or not at the time.

4. WILL: Determine if you need a new Will, or if you need to update or amend a current Will so that your post-death

wishes will be followed regarding distribution of your estate.

5. TRUSTS: Determine if a Trust is advisable.

A Trust may be advisable if there is a specific need for holding assets in Trust, such as to protect assets for minor children or disabled individuals, to avoid probate, for tax planning, or in some cases for long term care planning.

6. BENEFICIARY DESIGNATIONS: Review and update all assets that allow you to designate a beneficiary, such as Life Insurance, Annuities, IRAs, 401ks, Retirement plans, etc. Assets with beneficiary designations are NOT controlled by your Will, unless you fail to name beneficiaries.

7. REVIEW OWNERSHIP OF BANK AND INVESTMENT ACCOUNTS: Bank accounts and investment accounts generally allow for PAYABLE ON DEATH (POD) or TRANSFER ON DEATH (TOD) designations. This form of ownership is generally advisable, as opposed to adding children or other relative's names to joint ownership on your accounts during lifetime. Joint ownership is generally ill advised, since your assets would then be exposed to the risks of the other joint owners, such as their accidents, divorces or their other financial risks and liabilities.

8. LONG-TERM CARE PLANNING AND ASSET PROTECTION:

Is there any planning advisable or recommended for you for asset protection purposes in case long-term care is needed or imminent? While pre-planning is advised, in the long-term care category many folks believe that planning must be completed five (5) years prior to the need for long term care. However, this is NOT always the case. Often planning can be beneficial even at the last minute when someone is near or already in nursing home care. DO NOT PRESUME IT IS TOO LATE TO PROTECT ASSETS IF YOU DID NOT PLAN FIVE (5) YEARS IN ADVANCE.

9. FUNERAL PLANNING: Prepaid funeral planning is a very good idea, to ensure that your burial wishes are followed, and most especially to ensure that your funeral is paid for, without risk that your funds are depleted on nursing home care without protecting funds for a proper burial.

Every individual's situation is unique, whether related to assets, health issues, or

MOONEY NEXT PAGE

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Confused about nutrition? Here are 6 expert tips to help you

(BPT) - Nutrition can be confusing. Every day seems to bring a new headline declaring what's healthy and what's not, whether it's the Mediterranean Diet, low fat, low carb, DASH, vegan or high protein. With all this diet-of-the-minute hype, it's hard to know what we should be eating. On World Food Day, let's cut through the noise, go back to basics and focus on nutrients.

Nutrient density is the right place to start when trying to understand good nutrition and achieve a healthy, balanced diet. This concept refers to how much nutrition you get from food compared to its calories, with the goal being to maximize health benefits. Think leafy greens, broccoli, berries, nuts, seeds and quality protein shakes for nutrient-dense choices. A doughnut? Not so much.

"It's important to remember that fresh, natural foods play a key role in our diet,

but they aren't always accessible to everyone," says Luigi Gratton, Vice President of the Office of Health and Wellness at Herbalife. "By taking a holistic approach to healthy eating, we can complement fresh meals with food supplements and other nutrient-dense options to help achieve a balanced intake of macro- and micro-nutrients."

Here are six tips to get

more nutrient bang for your calorie buck.

Think color

Try this easy nutrition hack: Load your plate with a variety of colorful vegetables and fruits. Why? A diverse range of colors ensures you're getting a wide array of vitamins, minerals and antioxidants.

Go for whole grains and lean proteins

Choose whole grains like **NUTRITION NEXT PAGE**

• Health benefits

(From previous page)

services, but many Medicare Advantage plans do.

5. Consider wellness programs. Many health plans offer incentives for taking healthier actions, like completing a health survey or exercising. Others provide personalized support to those living with common

chronic conditions like Type 2 diabetes.

Medicare members and caregivers: Many Medicare Advantage plans offer gym memberships and wellness programs for members at no additional cost.

Visit UHCOpenEnrollment.com to learn more

The Fuller House Future Fund

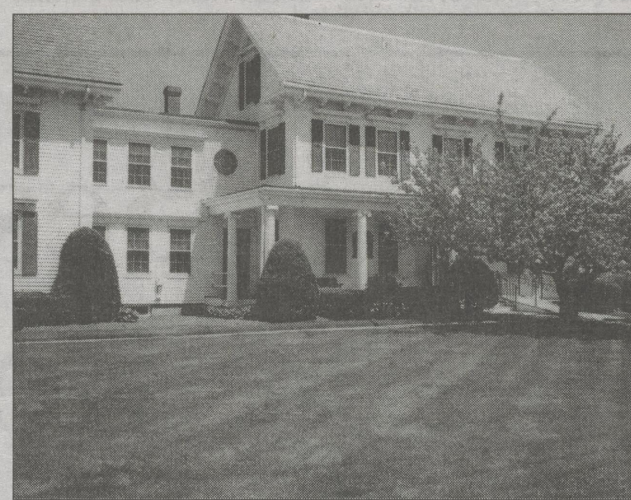
Dear Friend,

I am writing to you on the behalf of The Fuller House of Stoneham, a 501 C 3 non profit organization, and our Charitable Campaign. We continue to thrive for over 100 years of continuous quality care to our senior citizens. What began in the early 1900's as a family's bequest of their home and substantial endowment with the vision to provide for the elderly population has blossomed into one of the finest small Rest Homes in New England.

We extend our request to area community members, businesses and families to become a part of the movement to support the Fuller family's mission to serve aging residents. A tax deductible charitable contribution can be made as a one time or recurring donation, as a memorial with a passing of a loved one or within estate planning.

Our quaint Bed and Breakfast style private bedroom facility is beautifully landscaped and maintained offering 24 hour care. Our affordable rates include three daily home cooked meals and snacks, medication management, assistance with ADL's (daily tasks), activities and additional amenities. The committed staff consistently goes above and beyond to ensure all the residents are well cared for; we truly are a family. Our qualified Staff and Board of Directors are committed to the ongoing success of The Fuller House; a unique alternative to large corporate facilities.

The Fuller House is a private pay facility and strives to continue to offer affordable and modest monthly rates. We also work closely with the Veteran Af-



THE FULLER HOUSE of Stoneham 32 Franklin Street Stoneham, MA 02180 781-438-0580 www.FullerHouseofStoneham.com

fairs and PACE programs for families who need financial assistance. 100 % of the donations received will be used for the residents and assist in maintaining the quality services that we offer and ensure that the mission to care for our elderly continues for many more years to come. I am sure the Fullers would be quite pleased and proud to see that their vision helped so many and remains so strong and vital.

Become a part of our continuing history; donate now and make a difference by giving to The Fuller House Futures Fund. All donations are greatly appreciated and can be submitted to The Fuller House located at 32 Franklin Street, Stoneham, MA 02180. Tours are always welcomed.

Warm Regards, Judy Gallucci O'Brien, Executive Director James Corso, Board of Director President

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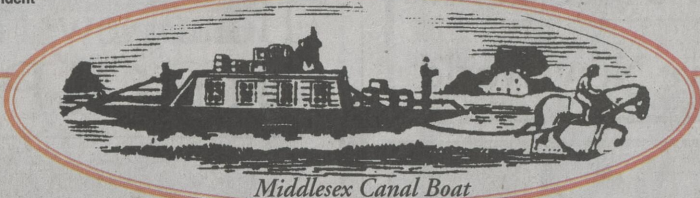
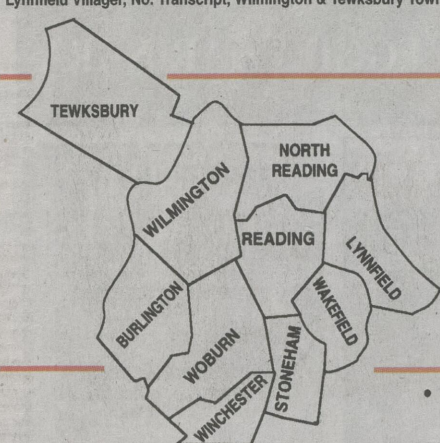
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Reading permanently halts downtown area's metered parking program

By PATRICK BLAIS

Town officials in Reading spent nearly five years meticulously studying downtown traffic and parking behaviors before rolling out a metered parking program last fall that charged visitors

for the long-term use of spaces in the economic hub's two busiest municipal lots. But in a real-world demonstration of how unintended consequences can lay waste to the best of plans, it took just a few months for town leaders to unravel the whole

experiment.

During a meeting in Reading Town Hall earlier this month, Reading's Select Board officially declared an end to the metered parking program and suggested Town Manager Matthew Kraunelis explore whether

some of the \$40,000 expended on a handful of electronic payment kiosks can be recouped.

"The kiosks themselves, whether they're user friendly or not, you're never going to get a second chance to make a good first impression. We heard loud and clear that nobody liked this," said Select Board member Chris Haley of disastrous rollout of the new downtown parking initiative last fall.

"I was [at one of the municipal lots] once a week for months and not once was there fewer than 10 parking spaces [available for visitors]. If we're voting today, I would not support [reactivating] the kiosks for a number of reasons," later commented Select Board Chair Carlo Bacci.

According to Assistant Town Manager Jayne Wellman, though the vendor who provided the payment stations has rejected requests to purchase back the equipment, one municipality may be interested in buying the kiosks at a heavy discount.

Though town officials were divided over whether to



CONTROVERSIAL KIOSKS - Earlier this month, Reading's Select Board officially declared an end to the downtown metered parking program.

(File photo)

indefinitely suspend the downtown parking initiative, which aimed to discourage the long-term use of spaces in the community's Upper Haven Street and Brande Court parking lots, all admitted that the rollout of the program last fall was a total disaster.

Facing an outright rebellion from frustrated Reading Center merchants, many of

whom reported that sales activity cratered the moment the kiosks went live, the Select Board voted unanimously late last October to institute a temporary paid parking moratorium. At the time, area business owners insisted that their very livelihoods were at stake.

• **PARKING**
TO B-2

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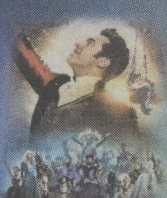
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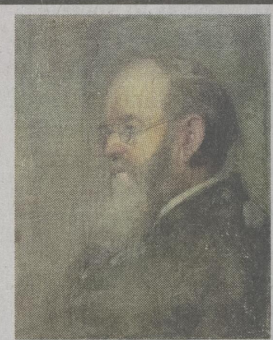
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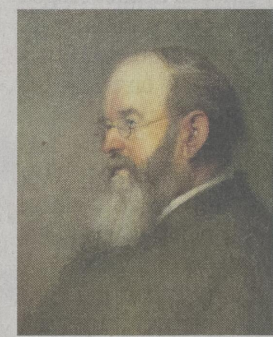
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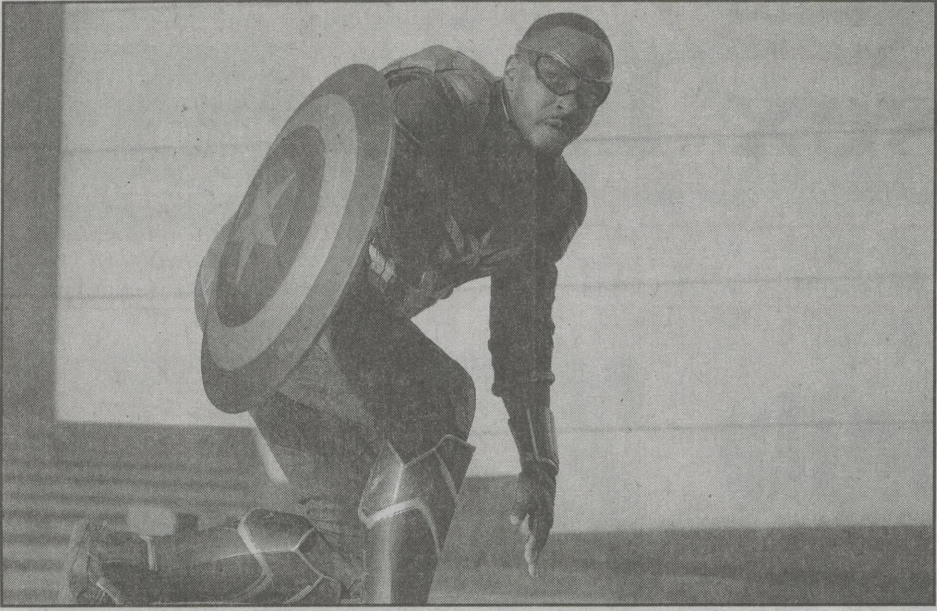
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Movie Reviews & Box Office News

Marvel's 'Captain America: Brave New World'



I'M THE CAPTAIN NOW - Anthony Mackie in a scene from Marvel Studios' "Captain America: Brave New World" released by Disney.
(Eli Adé/Marvel Studios-Disney via AP)

By MARK KENNEDY
AP Entertainment Writer

Celebrate Valentine's Day this year with "Captain America: Brave New World," a highly processed, empty calorie, regret-later candy of a movie.

We're nearing the end of Phase Five of the Marvel Cinematic Universe, with predictable and underwhelming returns. "Captain America: Brave New World" feels like it's just treading water, wasting Anthony Mackie in his first cinematic outing as his "Hamlet"-like Captain America.

The story by Rob Edwards, Malcolm Spellman and Dalan Musson gathers familiar Marvel characters and blends them into a White House conspiracy-meets-international violent face-off in the Indian Ocean. Only Marvel in Phase Five could make that boring.

It lifts from "The Manchurian Candidate" and "Top Gun" and even pointlessly steals its title from Aldous Huxley. It cannibalizes from other Marvel movies, like the addition of a substance called Adamantium, much like Vibranium from Wakanda. There is a Kendrick Lamar song heard at the climactic end, but it's not new; it's from 2014.

We start with Harrison Ford as Thaddeus "Thunderbolt" Ross — taking the role over from the late William Hurt — in his first days as U.S. president. He insists he's changed from the days when he hunted down Hulk and was an all-around evil dude.

He approaches Sam Wilson, the new Captain America, and proposes a strategic union between the government and Captain America. "Work with me, Sam. We'll show

the world a better way forward."

This is a dangerous idea — superheroes working for the government — and Cap is warned but still agrees. "Trust me. My eyes are wide open," he reassures Danny Ramirez as his sidekick and fledgling new Falcon. (Cap's eyes may be open but yours may be slowly closing).

There is a trio of bad guys, each more powerful and overacting as the last — a delicious Giancarlo Esposito as the villain Sidewinder, Tim Blake Nelson as Samuel Sterns (a hyper-intelligent megalomaniac with his brain literally bursting out of his skull) and Red Hulk, a massive slab of angry man-meat who makes the regular Hulk look like Timothée Chalamet.

There are also some tangential characters, like Isaiah Bradley, a Korean War veteran who was a Super Soldier but spent years in prison, and the weirdly cast Shira Haas as Ruth Bat-Seraph, a slippery national security agent with a murky agenda.

Director Julius Onah does well with the action but fumbles the quieter moments and supervises editing that's the opposite of crisp, not helped by script writers who ape military language — "Negative, the package is the priority" — and grandiose sentiment — "The country is lost."

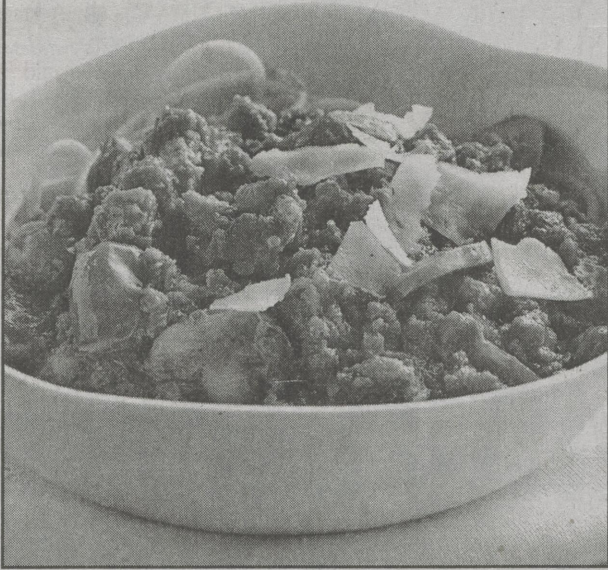
For extra credit, spot all the product placements in the movie: Cap drives a GMC truck and uses Dell computers. The president of the United States uses a Peloton. What a wasted opportunity for Cap'n Crunch.

There does emerge a theme that unites Cap and Ross, which is that both feel the need to prove themselves. Mackie's Captain

HomeNewsHere

RECIPE

SLOW-COOKER VEGGIE MARINARA



GOOD FOR YOU - Eating your veggies is easy when they're smothered in a zesty homemade pasta sauce.

STEPS

EXPERT TIPS

INGREDIENTS:

• 1 bag (12 oz) frozen sausage-style soy-protein crumbles, (thawed)

• 2 cups sliced fresh mushrooms (6 oz)

• 1 cup grape tomatoes, cut in half

• 1 can (28 oz) organic diced tomatoes, undrained

• 1 can (6 oz) organic tomato paste

• 1/2 cup water

• 1/4 cup dry red wine or water

• 2 tablespoons honey

• 3 cloves garlic, finely chopped (1 1/2 teaspoons)

• 1 teaspoon dried basil leaves

• 1 teaspoon crushed red pepper flakes

• 1/2 teaspoon salt

• 1/2 teaspoon dried oregano leaves

• 1/2 teaspoon fennel seed

• 16 oz uncooked multigrain spaghetti

• 2 tablespoons shredded Parmesan cheese

• Veggie crumbles add protein and a meat-like texture to this sauce. Mum's the word—no one will know this is a meat-less sauce.

• The sauce can be kept warm on Low heat setting up to 2 hours; stir occasionally. Keep the sauce in the slow cooker on nights when your family is eating at different times.

1. Spray 3- to 4-quart slow cooker with cooking spray. In cooker, mix all ingredients except spaghetti and Parmesan cheese.

2. Cover; cook on Low heat setting 4 to 5 hours.

3. Cook and drain spaghetti as directed on package. Serve sauce over spaghetti; sprinkle with cheese.

America throughout the previous 2021 TV series "The Falcon and the Winter Soldier" was ambivalent about taking on the mantle of Steve Rogers, the original Sentinel of Liberty. "You wonder if you'll ever be enough," he says.

Ross says he wants to secure peace across the world but really wants to reconnect with his estranged daughter — Liv Tyler — and prove he's changed. He wants to take a walk with her to see the cherry blossoms. We would like him to ask serious questions of his agent.

Mackie, who joined the MCU more than a decade ago in 2014's "Captain America: The Winter Soldier," has been a good servant to Marvel and deserves better. One of our great actors, he can be steely and vulnerable. But he can't outrace stilted lines like "If we can't see the good in each other, we've already lost the fight." Marvel has lost more than the fight; they've lost the thread.

"Captain America: Brave New World," a Walt Disney Pictures release that opens in theaters on Friday, is rated PG-13 for "intense sequences of violence, action and some strong language." Running time: 118 minutes. One star out of four.

• **Parking FROM B-1**

"I'm trying to survive!" shouted out one such Reading Center merchant during a Select Board meeting last October, when the town officials agreed to temporarily deactivate the kiosks.

"This is embarrassing! It's embarrassing. Let's pause it and get this down right," later yelled out another spectator, after some town officials acknowledged the kiosks were initially incorrectly programmed to accept payments on weekends and holidays.

Over the past few months, local officials were asked to investigate a series of issues with the paid parking program that included:

- Claims that the new kiosks, which were supposed to be programmed to let residents park for free for the first hour, had no options to let users use spaces for that hour-or-less timeframe;
- Multiple reports from users that they had to pay for parking spaces on Sundays and holidays (when the kiosks were supposed to be turned off);
- That the kiosks were installed in partially obstructed or otherwise inconvenient areas of both parking lots;
- That many were confused about how to use the machines, which were supposed to accept both cash and credit card payments either directly or via a "pay by phone" app;
- And that the kiosk software did not allow American Express payments.

Last month, Deputy Reading Police Chief Christine Amendola, who was involved with fixing many of those problems, urged the Select Board to turn the kiosks back on.

And while Reading Select Board members Mark Dockser and Karen Herrick both argued the town shouldn't abandon the paid parking program after such a short trial period, Bacci, Haley and Select Board member Melissa Murphy all contended the ill-conceived experiment had already

caused too much havoc.

Murphy also reminded her colleagues that the kiosks themselves are fatally flawed because they can't be programmed to allow for one-hour of free parking.

"The kiosks aren't meant to be used like that, [so] I will not support reinstating them," she said.

Under the cancelled metered parking program, guests were required to pay for spaces on Monday through Friday between 8 a.m. and 5 p.m. The new regulations were expected to make it easier for shoppers and diners to find a space in the municipal lots by discouraging commuters and area employees from hogging up parking spaces all day.

According to the fee schedule, those looking to park in the CVS and Brande Court lots could still park for free if staying in the area for an hour or less. An extra \$1 per hour charge was then to be assessed to visitors looking to spend between two and four hours in Reading Center, while those leaving their vehicles for four or more hours were charged a much steeper \$5 per hour rate.

Years of study

Back in January of 2020, Boston-based Nelson Nygaard, a transit and transportation consulting firm hired a year earlier to study the reasons for downtown parking congestion, first floated the idea of charging visitors for parking in the municipal lots.

With the COVID-19 pandemic derailing the whole third-party study process, the Select Board in the summer of 2021 agreed to form a nine-person Parking Advisory Recommendation Committee (PARC) to restart the review.

Commissioning a downtown parking survey and hosting at least 10 public meetings leading up to this month's Select Board vote, PARC's findings unsurprisingly mirrored many of conclusions reached in the Nelson Nygaard report.

Counting a total of 875 parking spaces in the downtown area, the group determined that there are in fact plenty of spaces in Reading Center to accommodate visitors, residents, and employees.

However, the problem, PARC members concluded, is that all of those user groups fight for one of the 191 premiere spots in the municipal lots behind CVS Pharmacy and at Brande Court by Haven Street.

In the spring of 2022, the Select Board voted to initiate the metered parking program and took subsequent steps to bolster the police department budget and staffing roster to ensure the town had the personnel needed to enforce the new regulations.

Local officials also installed new signage across the downtown district regarding other on-street parking restrictions, including a new resident permit requirement for those parking by the Reading Depot commuter rail station between

the hours of 6 a.m. and 9:30 a.m.

Overnight parking between 1 a.m. and 6 a.m. is also prohibited by the train station by High and Lincoln Streets.

The town also established new employee-only, senior center, and general time-restricted parking zones across the downtown area.

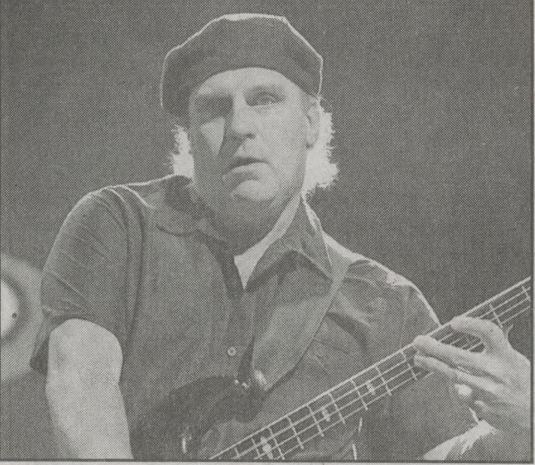
During this month's Select Board meeting, those pushing to permanently shut off the kiosks argued that PARC's efforts in overhauling other Reading Center parking rules appears to have solved the biggest turnover issues.

"This is a [fluid] issue. We can't sit here and approve 18 new parking regulations in Reading and then [stay stuck] on the one that didn't hit the bar," said Haley.

"PARC did a good job with the information they had at the time, but I think the data and parking issues have changed since they made the decision to put in the kiosks," said Murphy.

Friday, February 28th at 8:00 p.m.

The British Legends of Rock Show at Arlington's Regent Theatre



GRAMMY AWARD WINNER
BASSIST/SONGWRITER SCOTT SPRAY
IN THE BRITISH LEGENDS OF ROCK

Do you remember the first time you heard The Beatles? The Rolling Stones? The Who? THE BRITISH LEGENDS OF ROCK SHOW will transport you back to a time when British bands ruled the airwaves. On Friday, February 28th, Arlington's Historic Regent Theatre will host The British Legends of Rock Show for one show only starting at 8:00 pm. Affordable tickets are still available in the orchestra section for \$35.00 with no additional fees.

ABOUT THE BAND...it takes quite a band to play it ALL which is why The British Legends of Rock Show is such a standout and unique musical experience. Collectively, the band's rotating 'keep it fresh' all-star cast are the best of the best east coast musicians having won Grammy awards, toured worldwide, and/or recorded with a "who's who" list of musical greats from The Rolling Stones, Eric Clapton, Joe Cocker, Led Zeppelin's Robert Plant, Jimmy Page, Jeff Beck, Sir Paul McCartney, Nile Rodgers (Chic, David Bowie, Madonna, Dianna Ross, Sister Sledge), Brian Setzer, The B-52's, Paul Shaffer (David Letterman, World's Most Dangerous Band), Johnny Winter and many more. Together, this

cast of world-class musicians faithfully and meticulously recreate the golden age of British rock note for note, just like the original recordings and their original vibe...

Join us for an unforgettable show when "The British Legends of Rock" transport you back in time to the golden age of British rock music as Grammy Award winner Bassist/Songwriter Scott Spray steps in from his fifteen (15) year stint with The Johnny Winters Band. The playlist next week is long and comprehensive, and every song is performed in the original key. They dig deep into the British catalog from the Beatles to the Stones from The Kinks to Joe Cocker and everything in between. You know the music! You know the songs! Come Twist and Shout and get some Satisfaction when the lads invade next Friday night.

The Regent Theatre "Arlington's Show Place of Entertainment" since 1916 is located on 7 Medford Street in Arlington, Massachusetts—minutes from Cambridge, Boston, and Routes 2 and 95.

For tickets and more information visit <https://regenttheatre.com> or call 781-646-4849.

• Real Estate Transfers •

BURLINGTON

48 7 Springs Ln #B was sold to Zhu, Minfeng and Xu, Dihua by Casco, Dorothea for \$745,000 on 01/29/25

5 Francis Wyman Rd was sold to Marangu, Roy and Marangu, Rachael by Sj Peacock Builders Inc for \$1,630,000 on 01/30/25

60 Peach Orchard Rd was sold to Achour, Haroun M and Achour, Katba D by Vosburg, Ralph W and Vosburg, Katherine R for \$1,420,000 on 01/31/25

14 Sandy Brook Rd was sold to Opendoor Property J LLC by Lee, Kee H and Yoon-Lee, Soon J for \$668,300 on 01/27/25

LYNNFIELD

951 Main St was sold to Damato, Claudia M and Damato, Theodore A by Sellers, James M for \$710,000 on 01/31/25

38 Phillips Rd was sold to Lena, Ejon and Lena, Xhenjola by Marion G Buckless T and Perry, Sheila M for \$962,500 on 01/30/25

2 Wirthmore Ln was sold to Grandchamp, Jessica L and Sanders, Harrison D by Dinapoli Re Prop Inc for \$1,255,000 on 01/29/25

NORTH READING

16 Niblick Way #16 was sold to Briggs, David B and Briggs, Kim by S&b Rt and Clark, Stephen R for \$1,100,000 on 01/31/25

11 Wadsworth Rd was sold to McIntyre, Kevin F and McIntyre, Krysten C by Billy Baru Const LLC for \$900,000 on 01/30/25

READING

10 Abigail Way #1005 was sold to Bizzaro, Michelle D and Bizzaro, Donald F by Edmond L Hopper 1994 T and Whitelam, K E for \$680,000 on 01/31/25

211 High St was sold to Eaton, Jessica R and Kelley, Charles by Girard, John S and Girard, Mary B for \$880,000 on 01/28/25

21 Prescott St was sold to Northern Realty Group Inc by Harbor Property Group

LL for \$2,550,000 on 01/27/25

STONEHAM

220 Fellsview Ter #221 was sold to Hamilton, Joseph and Wheelock, Kevin by Dolan, Daniel M and Montecinos, Gabriela for \$465,000 on 01/31/25

4-6 Lee St was sold to Barletta, Eimile and Barletta, Matthew J by Cohen, David J and Finkle, Gail A for \$1,140,000 on 01/29/25

200 Park Terrace Dr #238 was sold to Lachmayr, Noah M by Lombardi, Joanne M for \$450,000 on 01/31/25

TEWKSBURY

38 Dudley Rd was sold to Warren, Bonnie and Oneill, Lalanya by Drew, David L for \$580,000 on 01/31/25

1303 Emerald Ct #1303 was sold to Sheehan, Linda by Morris, Shirley for \$500,000 on 01/30/25

125 Foster Rd was sold to Cueva, Hector L and Espinosa, Leidiana by Craven David M Est and Craven Jr, David M for \$550,000 on 01/31/25

97 Georgia Rd was sold to Solares, Hugo and Dos Santos, Kathlen by Fitzpatrick Jr, Earl W and Fitzpatrick, Christian M for \$740,000 on 01/31/25

2131 Main St #450 was sold to Suthar, Prashant and Suthar, Nilamben by 2131 Main Street LLC for \$729,999 on 01/30/25

WAKEFIELD

25 Green St was sold to Spruch, Andrea by Connaire, Jeffrey J and Connaire, Shannon K for \$625,000 on 01/31/25

12 Indian Ln was sold to Brown-Macioci, Sandra and Macioci, Edward J by Indian Lane Reality T and Treanor, Donna L for \$830,000 on 01/30/25

175 North Ave #316 was sold to Gomes, Steve A and Gomes, Theresa A by Harney Rt and Harney, Andrea A for \$795,000 on 01/31/25

361 Salem St #2 was sold to Wu, Alexander by Kras Salem LLC for \$975,000 on 01/27/25

WILMINGTON

11 Crest Ave was sold to Turgeon, Jesse L and Follett, Lincoln by Rose M Chase RET and Alley, Elizabeth M for \$615,000 on 01/28/25

203 Lowell St #201 was sold to Aswad, Nicholas by 203 Lowell St Owner LLC for \$534,000 on 01/29/25

203 Lowell St #208 was sold to Cohen, David J and Cohen, Brian M by 203 Lowell St Owner LLC for \$775,000 on 01/29/25

203 Lowell St #207 was sold to Finkle, Gail by 203 Lowell St Owner LLC for \$650,000 on 01/29/25

203 Lowell St #303 was sold to Ladugina, Tatiana by 203 Lowell St Owner LLC for \$665,000 on 01/29/25

WINCHESTER

11 Alden Ln was sold to Wang, Wenying and Blair, Lachlan M by Dmd Homes LLC for \$2,199,000 on 01/27/25

16 Ardley Pl was sold to Economides, Constantine and Economides, Mari K by Mves Holdings LLC for \$2,799,000 on 01/30/25

3 Fieldstone Dr was sold to Boike, Joseph and Boike, Jennifer by Williamson, Robert P and Williamson, Marlene V for \$1,800,000 on 01/31/25

WOBURN

38 Derby Dr #38 was sold to Weiser, Janet L by West Woburn Dev Corp for \$799,900 on 01/30/25

23 Goodwin Dr #59 was sold to Zhou, Zhengdong by Pulte Hm Of New Eng LLC for \$1,331,525 on 01/27/25

2 Johnson St #2 was sold to Locke, Jennifer D by Grizzle, Janelle and Wells, Catlin for \$659,900 on 01/31/25

320 Place Ln #320 was sold to Magdis, Jeffrey and Magdis, Stephanie by 320 Place Lane Rt and Theriault, Paul A for \$770,000 on 01/31/25

28 Van Norden Rd was sold to Jakon Development LLC by Niemi, Mark A and Niemi, Sharon M for \$699,000 on 01/31/25

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*Annual Percentage Yield (APY) is accurate as of 1/23/2025 and subject to change. A minimum balance of \$10,000 is required to open and obtain the annual percentage yield (APY) for our non-IRA CD Special, and for our IRA CD Special the minimum balance is \$2,000. A penalty will be imposed for early withdrawals from Certificates of Deposit (CDs). Maximum deposit amount is \$500,000. Fees may reduce earnings. Personal accounts only. One account per customer. Offer good for MA and NH residents only. Salem Five Bank is a Member of the FDIC.

SalemFive
MAKE YOUR MOVE.



Tewksbury Police Log

Lowell woman picked up on warrant for stolen vehicle

Monday, February 10

1:38 p.m. - There was a bank fraud at ICS Fire System, and they would like to speak to an officer. Police sent. They spoke with the reporting party who did not have any of the documentation that he needed. Police reported party would be back tomorrow with the documents. Officer spoke to the party and filed a report.

1:46 p.m. - A 911 hang up occurred from Ames Hill Drive. No answer on the call back. Police sent. They reported accidental from the painter.

8:59 p.m. - A 911 caller reported an erratic driver headed toward Cracker Barrel on Route 133. Vehicle described as a white pickup truck all over the roadway. It reportedly hit a pedestrian road sign in Lowell and a snowbank by Sheridan Lane. Police sent. No signs of impairment. They would contact Lowell Police Department regarding the pedestrian sign.

10:35 p.m. - Employees at Hilton Garden Inn reported an intoxicated male lying on the floor in the bar and refusing to go to his room. Police sent. Ambulance responded. They transported one to Saints under the influence of alcohol.

Tuesday, February 11

7:07 a.m. - Caller stated at Ocean State Job Lot near the dumpster there was a seagull with its wing hanging off. Police sent. The bird was now on the side of Planet Fitness. He was standing by next to it in a gray Toyota. Police sent and Animal Control had the seagull.

11:59 a.m. - Caller reported a motor vehicle stopping at signs for a long periods of time and sitting through green lights at Dewing School. Police sent. They checked the area, but nothing was found.

12:09 p.m. - Employee at Haffner's reported there was a truck unloading

vehicles for the dealership next door that was on their property and refusing to leave. Police sent. Caller reported that vehicle left without incident. They were canceled.

1:12 p.m. - Police sent attempting to serve a warrant at Motel 6. Ian Watson, 42, of 95 Main St. in Tewksbury, was arrested and charged with a warrant for order violation and resist arrest.

1:52 p.m. - Multiple callers reported a female was dancing in the roadway at Speedway Gas Station. Female described as white female with brown hair in a ponytail wearing a dark colored coat and gray sweatpants. Police sent. Jennifer Monsalve-Marquis, 25, of 259 Moody St. in Lowell, was arrested and charged with a warrant for stolen motor vehicle and a warrant for probation.

Wednesday, February 12

11:30 a.m. - Caller re-

ported 30 minutes ago, a man passed a fraudulent \$100 while picking up a prescription in the drive thru at CVS South. Caller had no vehicle description or direction of travel. Police sent. Officer filed a report. The bill was checked with the currency reader and pen at the police department. The bill was found to be legitimate and was returned to that party.

11:57 p.m. - There was a possible solar panel scan going on at Clark Residence. Police sent. No monetary loss advice given for the no knock list.

3:31 p.m. - Caller reported two males lurking in front of his home at Mollie Drive. Caller was not home and stated males were near a vehicle with New York plates. Police responded. They reported neighbor asked the males what they were doing and both left stating they worked for Trinity.

Thursday, February 13

11:21 a.m. - A 911 caller reported a truck kept trying to hit the birds at Stadium Plaza the caller was feeding. Vehicle described as a yellow box truck. Male got in a black Jeep and possibly stealing parts from the truck. Police sent. Officer reported he the checked the area,

but all parties were gone on arrival.

Friday, February 14

10:02 a.m. - Motel 6 employee requested an officer standing by while a resident was evicted. Police sent. The party vacated the room prior to officer arrival.

2:44 p.m. - Caller reported there was a male party wearing dark clothes knocking on her door at Ames Hill Drive. She told him to "get lost" and he moved onto a different unit. When asked if she wanted to speak to an officer, she stated it was "all [explicit] set" and hung up. Police sent. Officer checked the building and the surrounding area, but gone on arrival.

Saturday, February 15

2:10 a.m. - Car alarm was going off outside of Elaina Millard Way. They did not see anyone outside. Police sent. They spoke to the caller and filed a report.

8:08 a.m. - Caller stated male party got out of a motor vehicle and was yelling and swearing at him at Haffner's. Party left toward the police department. Calling party still wanted to talk to an officer. Police sent. They spoke to the caller. No threats made, just upset

over soap that was left on his car after going through car wash.

11:19 a.m. - Lowell Police Department got a call for an unruly customer at White Dove Pantry. They were stopped there. Police sent. They provided courtesy transport to Lowell.

12:40 p.m. - A 911 caller stated she was assaulted by a man in line over an item dispute at Market Basket North. Caller was in a white jacket with a child. Police sent. Caller reported elderly couple just left the store toward the liquor store, possibly bright blue vehicle. Officer filed a report.

2:14 p.m. - Manager stated he believed there was something wrong in the room at Fairfield Inn. Older gentlemen had been extending the room for three days and stated the male was about 60 and female was about 20. They got into a verbal altercation in the lobby. Police sent. Office stated party would be no trespassed from property.

Sunday, February 16

5:17 p.m. - Caller at Lowell 5 reported hearing loud banging noises coming from there. Police sent. The banging noise was from water dripping off the roof.



Wilmington Police Log

Local woman arrested for assault & battery on officer

Friday, Feb. 7:

9:49 a.m.: A caller on Main Street reported seeing footprints walking out on the lake, across from the florist, towards the middle, but no footprints coming out. Police saw footprints, but didn't see any disturbances in the ice nor anyone in distress.

12:43 p.m.: A red 2009 Chevy Impala and a grey 2008 Honda Pilot were involved in a motor vehicle accident on Lowell Street. No injuries were reported, and no airbags were deployed. Debris from the accident was cleaned off the street.

9:57 p.m.: Gwen M Evans of 135 Main St., in Wilmington, was arrested for assault & battery on a police officer. This followed a young woman going into her basement to do laundry, and seeing the woman who resided in the basement apartment stating that she wanted to kill people and appeared to be under the influence of something.

Saturday, Feb. 8:

9:54 a.m.: A caller on Newland Avenue reported a white man wearing all-black sitting on a box talking to himself. An officer spoke to the man, who stated he was visiting a family member in the area.

4:14 p.m.: A caller on Woburn Street reported a

man came to her house and spoke to her and her husband regarding chimney repairs, but the couple declined services. The man left behind his ladder in their backyard. The man agreed to pick up the ladder the next day at 1 p.m.

11:04 p.m.: A black 2014 Honda Accord hit a pole on Chestnut Street. No injuries were reported and no airbags were deployed, but a mailbox and the pole both sustained damage.

Sunday, Feb. 9:

11:29 a.m.: A white 2019 Honda Accord and a red 2006 Ford F-350 were involved in a motor vehicle accident near the UHaul on Main Street. No injuries were reported.

Monday, Feb. 10:

8:38 a.m.: A yellow 2025 Hyundai Ioniq and a white 2021 Nissan NV200 were involved in a motor vehicle accident on Main Street. No injuries were reported, and no airbags were deployed, but police requested the DPW send a plow to clean up the slush in the area.

2:31 p.m.: A caller at the Fedex Ground on Industrial Way reported that his black 2014 BMW 320 was involved in a hit-and-run while it was parked. Police attempted to get in contact with Fedex for footage of the accident.

3:37 p.m.: A white 2016 Ram 1500 and a gray 2018 Audi Q7 were involved in a motor vehicle accident on Avalon Drive. No injuries were reported.

Tuesday, Feb. 11:

5:55 a.m.: A black 2009 BMW 328XI and red 2018 Chevy Colorado were involved in a motor vehicle accident on Ballardvale Street. No injuries were reported, and no airbags were deployed.

7:23 a.m.: A gray 2010 Hyundai Elantra and a gray 2016 Subaru Legacy were involved in a motor vehicle accident on High Street. No injuries were reported.

11:52 a.m.: A gray 2019 Honda Odyssey and a white 2020 Ford Transit were involved in a motor vehicle accident on Industrial Way. No injuries were reported, and no airbags were deployed.

Wednesday, Feb. 12:

9:47 a.m.: Christopher J Roos Jr. of 184 Perkins Row, in Topsfield, was issued a summons for malicious destruction of property over \$1,200. This followed a program director on Federal Street reporting that a client left the

program voluntarily, broke a window and threatened another resident.

10:19 a.m.: Timothy De Martin of 617 Tremont St., in Boston, was arrested for receiving over \$1,200 in stolen property. This followed state police recovering a stolen brown 2021 Toyota Venza in the parking lot of All-Floorz on Main Street.

10:17 p.m.: A silver 2009 Acura MDX crashed into a snowbank on Woburn Street, and possibly also hit a tree. The man driving the vehicle walked away from the scene on foot, refusing medical attention once police caught up to him.

Thursday, Feb. 13:

Students named to Dean's List at WPI

WORCESTER — A total of 2,393 undergraduate students at Worcester Polytechnic Institute (WPI) were named to the university's fall 2024 Dean's List. The criteria for the WPI Dean's List differ from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI students are named to the Dean's List based on the amount of work completed at the A level in courses and hands-on projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students work on real-world, open-ended problems on campus and in communities around the globe. Far from being simple academic exercises, the projects students complete have genuine and lasting impacts in our partner communities," said Provost Andrew Sears. "Some

of this nation's best and brightest students come to WPI to study engineering, science, business, and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

The following students were named to the Dean's List for Fall 2024:

- Ryan Forcina of Wilmington, class of 2025, majoring in Biomedical Engineering
- Connor Pyles of Wilmington, class of 2026, majoring in Computer Science
- Nicholas Samaha of Wilmington, class of 2028, majoring in Physics
- Robert Branchaud of Tewksbury, class of 2027, majoring in Computer Science
- Thomas Branchaud of Tewksbury, class of 2025, majoring in Computer Science and Interactive Media and Game Development - Technology

- Noelia Cura of Tewksbury, class of 2026, majoring in Chemical Engineering
- Michael Duggan of Tewksbury, class of 2025, majoring in Electrical and Computer Engineering
- Patrick Durgin of Tewksbury, class of 2026, majoring in Computer Science
- Anthony Freitas of Tewksbury, class of 2028, majoring in Physics
- Alexander Grove of Tewksbury, class of 2028, majoring in Aerospace Engineering
- Eric Impink of Tewksbury, class of 2026, majoring in Biomedical Engineering
- Pouriya Mehrabani of Tewksbury, class of 2027, majoring in Chemical Engineering
- David Penney of Tewksbury, class of 2027, majoring in Mechanical Engineering and Robotics Engineering
- Rose Strobel of Tewksbury, class of 2025, ma-

joring in Computer Science

- Methun Thayaaparan of Massachusetts, class of 2028, majoring in Civil Engineering
- Jared Woodman of Massachusetts, class of 2028, majoring in Robotics Engineering

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Local students named to Dean's List at Tufts University

MEDFORD — Tufts University recently announced the Dean's List for the fall 2024 semester. Dean's List honors at Tufts University require a semester grade point average of 3.4 or greater.

- Aaliyah Abel, Class of 2025, of Wilmington
- Alex Flynn, Class of 2026, of Wilmington
- Lian Juergens, Class

of 2027, of Wilmington

- Nathan Murray, Class of 2028, of Wilmington
- Adam Yalcin, Class of 2028, of Wilmington
- Timothy Panilaitis, Class of 2027, of Tewksbury
- Rafael Bellucco, Class of 2028, of Tewksbury

Tufts University, located on campuses in Bos-

ton, Medford/Somerville and Grafton, Massachusetts, and in Talloires, France, is recognized among the premier research universities in the United States. Tufts enjoys a global reputation for academic excellence and for the preparation of students as leaders in a wide range of professions.

A growing number of innovative teaching and research initiatives span all Tufts campuses, and collaboration among the faculty and students in the undergraduate, graduate, and professional programs across the university's schools is widely encouraged.

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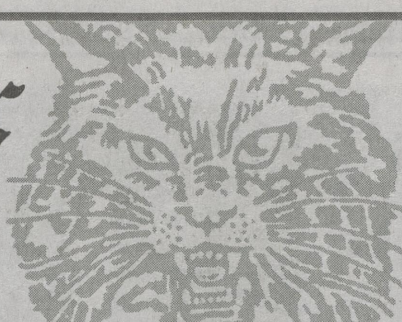
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Wilmington gymnasts enjoy solid regular season

Sienna Brickman goes through her floor exercise routine.
(Joe Brown photo)

By DOUG HASTINGS
Sports Correspondent
sports@yourtowncrier.com

The Wilmington High gymnastics team had a solid regular season, finishing with a 4-3 record.

The Wildcats earned victories over Stoneham, Woburn, Winchester and Wakefield while falling to Burlington, Reading, Melrose and Arlington.

Wilmington scored 128.6 points in its win over Woburn, who had 127.

Lexie Masters led the way for the 'Cats with an all-around score of 35.4. Emma Callahan had a 31.65 score for the all-around.

On the floor exercise, Masters and Maddie Plurad each scored 9.0 to lead the way.

Callahan added a 7.5.

Pinard had an outstanding 9.25 on the balance beam. Masters (8.55) and Callahan (8.3) also did well.

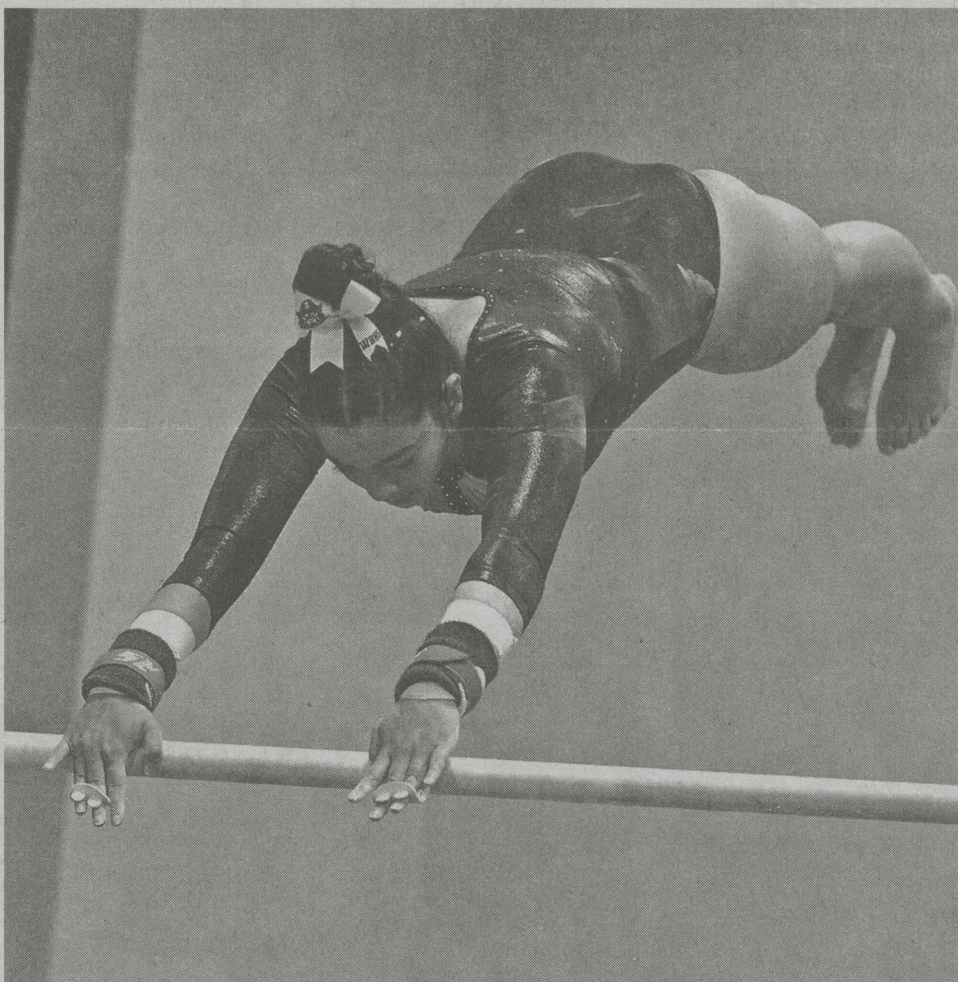
On the bars, Masters led Wilmington with a 9.45. Plurad had a 7.9 and Callahan scored 7.65.

On vault, four Wilmington competitors scored 8.0 or better including Masters (8.4),

Callahan (8.2), Jordan Haering (8.1) and Niamh McNeil (8.0).

The Wildcats totaled 133.05 in their victory against Winchester, who had 131.1.

Masters finished with an all-around of 36.5 and Cal-



▶ Maddie Plurad works hard on the bars during a recent meet.

(Joe Brown photo)

▶ Emma Callahan competes on the bars for the Wildcats.

(Joe Brown photo)

lahan was solid again with a 31.55.

Scoring on the floor for Wilmington was Masters with a team-high total of 9.4, Plurad with a 9.0, Callahan with a 7.8 and Sienna Brickman with a 7.3.

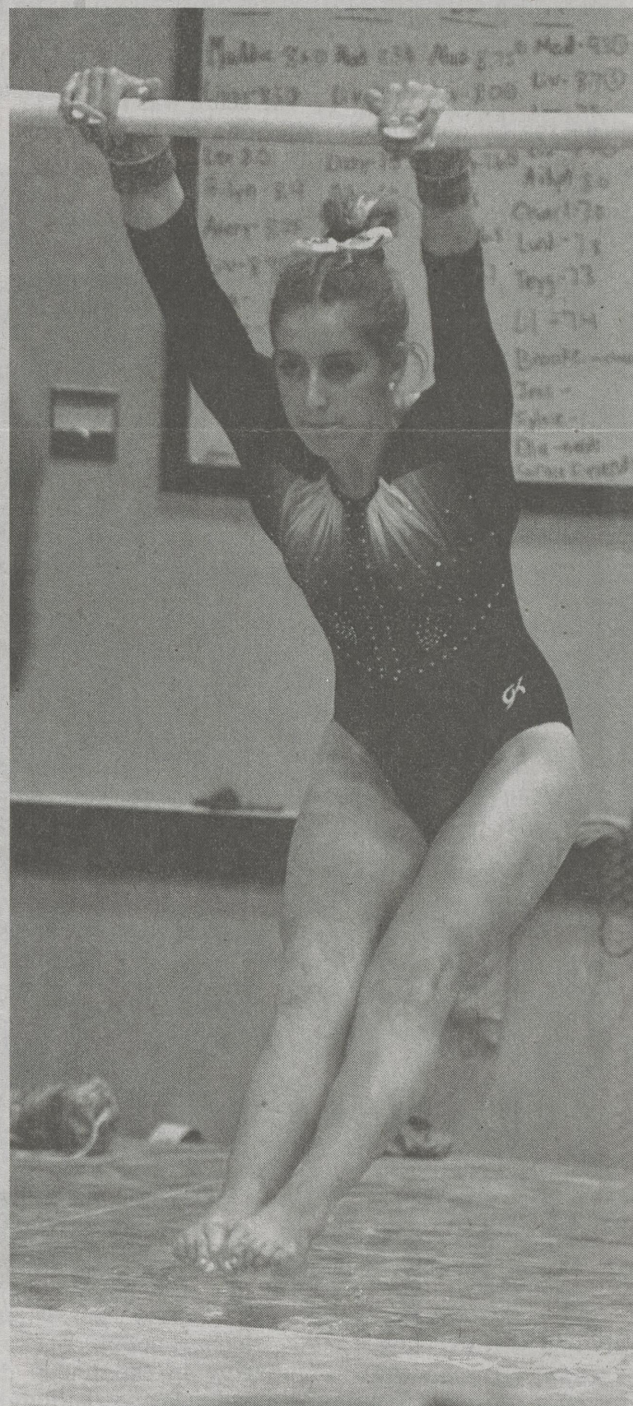
Plurad was outstanding

on the beam with a 9.4. Masters had an 8.5, Callahan scored an 8.05 and McNeil ended up with an 8.3. Wilmington totaled 34.25 in the event.

On vault, Masters led the way with a 9.5, Callahan scored 8.3, Haering

finished with an 8.2 and McNeil was an 8.0.

On the bars, Masters had a great performance with a 9.1, Plurad had an 8.2, Callahan totaled 7.4 and McNeil finished with a 6.6.



Two individuals, one relay advance for WHS track teams

By DOUG HASTINGS
Sports Correspondent
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The Wilmington High track and field teams competed at the Div. 4 state meet last weekend.

The meet started on a positive note as Giselle Olatilu set a personal best in the girls 55 meter hurdles with a time of 9.85 seconds to place 22nd.

In the trials of the girls 55 meter dash Lexi Le Blanc ran the fastest time of the day with a 7.41 seconds. Cate MacDonald placed 18th overall with a time of 7.74 seconds.

In the boys 55 meter

dash trials, Martin Philiosaint seriously spiked himself as he was coming out of the blocks. He ran 6.86 seconds to place 19th overall but he had two cuts on his leg, one serious enough that his day was over and he was taken to the hospital to have it checked out for possible stitches.

In the finals of the girls 55 meter dash, LeBlanc was a little too quick and was called for a false start and was disqualified from the race.

In the boys mile, Jake Cronin, dealing with being sick, had a tough race and only ran 5:33.43 to place 24th.

In the boys 600 meters, Cam Jenks placed 24th with a time of 1:32.40.

In the girls 1000 meters, Charlotte Kiley ran well and was close to her personal best time as she placed 12th with a time of 3:17.51. In the boys 1000 meters, Evan Cummings placed 26th with a time of 2:56.72 and Cooper Holleran placed 28th with a time of 3:00.38.

In the girls 300 meters, Isabel Carriere ran a personal best time of 43.97 to place 14th.

In the boys 300 meters, Ashvin Baker placed sixth with a time of 36.13 seconds.

In the boys two mile

run, Dean Ciampa ran a personal best of 10:12.28 to place sixth, while Gavin Dong ran 10:20.67 to place eighth and earn a medal.

Also running the two mile was David Dynan, who had a personal best time of 10:55.33 to place 25th.

In the girls 4 x 200 relay, Kayleigh Walker, MacDonald, Carriere and LeBlanc ran their second fastest time of the season as they placed 4th in a time of 1:49.30. The boys 4 x 200 relay of Ashvin, Marvins Jean, Jenks and Ciampa placed 13th with a time of 1:38.75.

The girls 4 x 800 relay

team of Kiley, Cayley Israelson, Tessa Cappione and Bella Zaya ran well as they placed 17th in a time of 11:34.28.

The boys 4 x 800 relay team of Cummings, Parker Canevari, Dynan and Cronin placed 24th with a time of 9:42.49. The boys 4 x 400 relay team of Jenks, Ciampa, Dong and Baker placed 15th with a time of 3:47.07.

In the field events Olatilu continued her great day as in the high jump she tied her personal best with a jump of 4 feet, 8 inches which placed her 18th. Also high jumping were Abby Engvaldson and Kaylin Mulik but

they were unable to clear the opening height.

In the girls shot put, Abby Howie placed 10th with a throw of 29-5.5 and Maddie Krueger placed 12th with a throw of 29-1.75.

In the boys long jump, Marvins jumped to place 15th in the competition. In the girls long jump, LeBlanc did not place.

Baker in the boys 300 meters, LeBlanc in the girls 55 meters, and the girls 4 x 200 relay team will be competing next Saturday at the Meet of Champions at the Reggie Lewis Center.

Boys basketball drops two tight league contests

By DOUG HASTINGS
Sports Correspondent
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Heading into the final week of the regular season, the Wilmington High boys basketball team had an 11-8 overall record coming off back-to-back losses to Burlington and Wakefield.

While the Wildcats won't be winning the Middlesex League's Freedom Division title this winter, the fact that WHS was playing meaningful games in February certainly put an exclamation point on quite a turnaround for Wilmington.

Against Burlington last Tuesday night, an unexpected hero emerged for Burlington.

Krish Soni scored all of his 11 points in the second half, fueling a 41-point second half for the Devils (31 points in the fourth) and turned a 32-21 deficit into a 62-53 victory for the Devils, clinching the division title for BHS.

Burlington came out strong defensively and limited Wilmington to just six first-quarter points, leaving the quarter with a 12-6 lead fueled by three buckets from sophomore Leon Sekandi around the rim.

Wilmington responded with a 9-0 run to start the second quarter with Ryan Gray scoring six of his 14 points in the quarter. Will Poyant and Roman Synnott added three-pointers in the second and Wilmington lead 26-21 at the break.

Gray and Connor Sullivan got the Wilmington of-

fense going with baskets as part of a 6-0 run to start the third quarter and Wilmington pulled ahead 32-21 to the delight of their student section.

It was late in the third quarter when Soni entered the game for junior Matty Gray who was battling foul trouble. Soni first connected on a corner three and then a driving lay-up and Burlington trailed 34-31 as the teams entered the fourth quarter.

Wilmington senior captain Ayden Balter started the fourth quarter with a traditional three-point play to extend the lead to six before Burlington went on a run.

Balter scored a game high 18 points.

Soni connected on another clutch corner three and minutes later, Matty Gray re-entered the game hitting a three of his own to give Burlington a one-point lead, 42-41.

From there, senior Anthony Gerrior scored the next nine Burlington points on two three-pointers, and a traditional and one three-point play to extend the lead to 51-43.

All that was left was for Soni to finish off his fairy tale night burying his third and final three-pointer to extend the lead to 54-43.

Wilmington would get as close as five in the final minute before BHS junior Cole Shannon iced the game with free throws.

Against Wakefield, Wilmington lost by a score of 70-63.

The score was tied at 15 after one quarter and the

Wildcats led 31-29 at half-time.

After three quarters, the Warriors led 49-48 before outscoring Wilmington by a 21-15 margin in the final eight minutes.

Junior Jack Millward was the story of the night, scoring 41 points, 29 of them in the second half, as Wakefield avenged an early loss to the 'Cats.

Juniors Ryan Gray and Connor Sullivan were outstanding for Wilmington, scoring 27 and 22 points, respectively.

Wilmington led 8-3 early as Gray and Sullivan both hit 3-pointers and Sullivan hit a layup.

Defensively, Balter drew a charge on Millward, who had just three first-quarter points.

A Sullivan hoop off a nice feed by junior Roman Synnott pushed the lead to 10-3, but Wakefield did rally to tie the score after one quarter, 15-15.

Wilmington senior Connor Lovell, out for the entire season with an injury, took the floor in the closing seconds of the first quarter to the delight of the Wildcat faithful.

Wakefield took a 20-15 lead in the second quarter, completing a 12-2 run that started late in quarter No. 1.

Down 27-26 late in the second, Wilmington used a 5-0 run to retake the lead.

Gray hit two foul shots before draining a 3-pointer off a pass from senior Kyle Gabaree, who dove to the floor to make a steal to gain possession of the ball.

Millward, who had been contained by Synnott for



Roman Synnott (5) had the difficult assignment of covering Wakefield's Jack Millward last Thursday. (Doug Hastings photo)

most of the first half, simply erupted in the second half.

He had 14 of Wakefield's 20 third-quarter points and 15 of its 21 fourth-quarter points.

A three-point play by Millward had given Wakefield a 42-37 lead with 3:18 left in the quarter, but Wilmington answered with a 9-2 surge.

Sullivan hit a 3-pointer, Gray completed a three-point play and junior Will Poyant hit a corner three

for a 46-44 Wilmington advantage.

Five straight points by Millward gave Wakefield a 49-46 lead before Sullivan ended the quarter with a nasty crossover dribble for a layup to cut the deficit to one heading into the final stanza.

In the fourth, Millward was almost unstoppable.

Down 51-48, Wilmington took the lead for the final time with a quick 5-0 spurt. Balter hit a foul shot,

Synnott hit two free throws and Balter scored inside for a 53-51 Wildcat lead.

Wakefield rallied with a 15-2 run to make it 66-55 with just over a minute to go.

Millward had 11 points and an assist in the run.

Wilmington has two home games this week to conclude the regular season, a Tuesday game against Arlington Catholic and a Friday morning game against North Andover at 10 a.m.

◀ Eva Boudreau moves the ball against Burlington.

(Joe Brown photo)

▼ Charlotte Forcina plays tough defense in a game with Burlington.

(Joe Brown photo)



halftime and 33-22 after three quarters.

A layup by senior Eva Boudreau had Wilmington within nine points in the opening moments of the fourth quarter, but Wakefield used an 8-3 spurt to push its advantage to 14 and Wilmington wouldn't challenge the lead again.

The Wildcats cut the lead to three on three different occasions in the second quarter after a put-back by McElligott, two foul shots each by Boudreau and senior Alle Delgenio and a driving layup by junior Summer Sands.

Wakefield closed the half with an 8-2 surge.

In the third quarter, Boudreau had six of Wilmington's eight points as WHS made it a nine-point game twice.

The Wildcats (4-15) played on the road in Tyngsborough to close out the regular season on Wednesday.

Hockey Roundup: Wilmington High boys blanked by Burlington

By BRYAN BROTHERS
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The recipe for success for the Burlington High boys hockey team this season has been a mix of timely scoring, strong team defense, and to lean on goaltender Camden Shanahan.

The senior captain notched his eighth shutout of the season on Saturday night in a 4-0 victory over Wilmington at the Breakaway Arena in Tewksbury.

Burlington got the game started with an early first-period goal thanks to one

of three new line combinations up front.

Sophomore James Gordon set up senior Nolan Jennings whose shot was denied by Wilmington goalie Tyler Marinho, but sophomore Wyatt Condon buried the rebound into an open net for a 1-0 Devils lead.

After killing off a Wilmington power play to start the second period, Burlington scored an early second-period goal when freshman Nick Tulipano put home the rebound of a Jake Sloan stuff attempt and Burlington led, 2-0.

Shanahan kept the lead at two later in the period when he denied both Brady Cabral and Brennen Walsh on scoring bids for Wilmington.

Later in the period, it was Marinho keeping the game where it was making a flashy pad save on Burlington's Ryan McElroy. It was one of Marinho's 28 saves on the night.

Burlington extended the lead to 3-0 when Logan Nestor fired a slap shot from the point after a scrum in front of Marinho. Junior Giacomo Berardinelli assisted.

Much like they did in the first two periods, Burlington scored early in the third period when Tulipano added his second of the night, this one a snipe off another rebound of a Sloan bid.

Burlington scored within the three-minute mark of each period to set the tone.

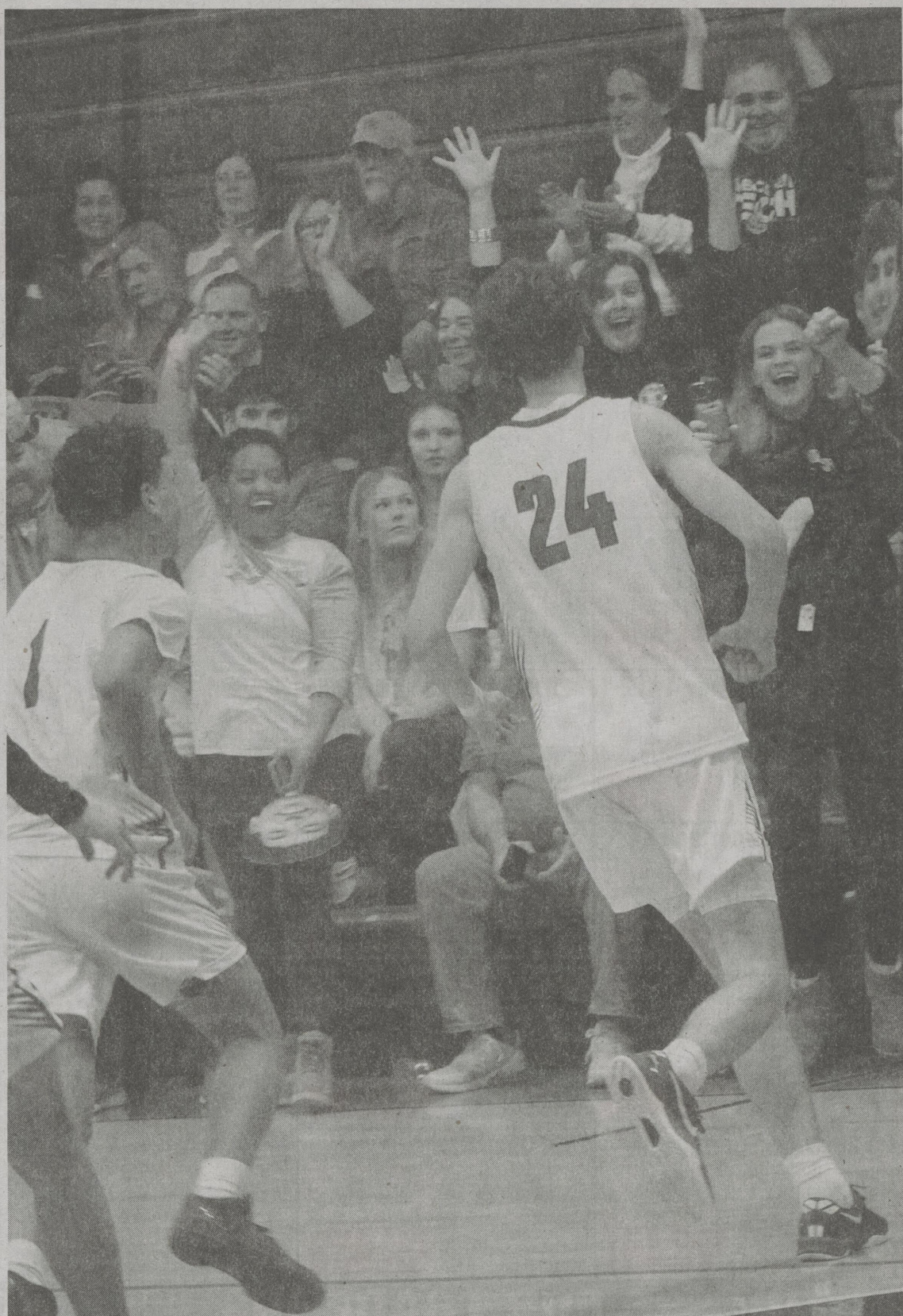
From there, it was on to Shanahan who made one of his 16 saves on the night when he flashed his left pad to deny Colin Allard.

It was the fourth straight loss for the Wildcats, who continue to play stellar defense.

a spot in the state tournament.

Wilmington/Stoneham most recently lost to Melrose by a 6-3 score, ending the team's two-game winning streak. Prior to Melrose, Wilmington/Stoneham had edged Gloucester, 3-2, and topped Wakefield, 7-1.

Wilmington players on the team include Rita Bishop, Emma Allard, Dani Chilletti, Vivien Savoie, Cara DiGiovanni and Olivia Raposa. Aubrey Salvador of Wilmington is the team manager.



Shawsheen Tech Roundup:

Breen reaches 1,000 points in Ram boys hoop victory

By DOUG HASTINGS
Sports Correspondent
sports@yourtowncrier.com

On Friday, the Shawsheen Tech boys basketball team not only beat visiting Bedford by a 71-54 score to improve to 17-2 overall, but the Rams saw senior Matt Breen make school history by scoring his 1,000th career point with a fourth-quarter 3-point shot.

Breen is the fourth boy player in school history and the second this season to reach the plateau.

Only a few days ago, senior Franck Moron scored his 1,000th point for Shawsheen.

Shawsheen led 37-19 at halftime and Bedford never seriously challenged the lead.

The closest the Buccaneers got was 10, 43-33, in the third quarter, but an 11-2 spurt by the Rams quickly erased any hopes of a BHS comeback.

Junior Jevon Moron's 3-pointer started the Shawsheen run before Breen made three straight trips to the foul line, making 5 of 6 shots.

Franck Moron added a 3-pointer to make it 54-35.

Junior Dyllon Pratt hit a 3-pointer in the fourth quarter for Shawsheen, starting a 14-0 run that blew the game open.

Franck Moron had four points in the spurt while the other seven belonged to Breen, including his historic 3-pointer.

Junior Adam Caruso added a late basket for Shawsheen, who finished its season on Tuesday with a road game against Reading.

The Rams won a share of the Commonwealth Athletic Conference title last Tuesday with a 78-37 shellacking of Whittier Tech in Haverhill. Shawsheen and Greater Lawrence each finished asco-champions of the league.

WRESTLERS SECOND IN DIV. 1 NORTH

After an undefeated regular season, the Shawsheen Tech wrestling team was second at last weekend's Div. 1 North meet in North Andover.

The Rams piled up 231.5 points.

Sid Tildsley won the crown at 138 pounds, winning four matches including by a second-period fall in the final. In the three



matches leading up to the title match, Tildsley didn't allow a single point.

At 150, James Tildsley was a champion by fall in 1:03.

Dante Giusti was second at 120, Brayton Carbone was second at 126 in an exciting 8-6 decision. Tristan Lane lost in the final at 144. Logan Holmes got the final at 165 and lost.

Jayden Perez lost by an 8-4 decision in the semifinals at 106 pounds and Aiden Pimentel lost in his semifinal at 132 pounds. Quinn Carbone lost in the semis at 157 as did Nate Malandain at 190.

Kyle Dube lost in the quarterfinals to the eventual champion at 113 pounds, Jaron Molgard fell in the quarters at 215 pounds and Joe Menkelo lost at heavyweight.

GIRLS HOOP WINS AT BUZZER

The Shawsheen Tech girls basketball team improved its overall record to 7-11 on Monday with a thrilling 52-51 win over Greater Lowell. Sophomore Laylah Gomez hit the game-winning shot as the buzzer sounded to earn the win for the Rams.

It was the only basket of the game for Gomez.

Shawsheen lost to Greater Lowell 43-34 earlier in the season.

The Rams are 3-2 in their last five games, including a 37-28 win against Minuteman Regional, who defeated Shawsheen by a 37-16 score back on Jan. 8.

Against Greater Lowell, Shawsheen started fast,

taking a 16-8 lead at the end of the first quarter.

Greater Lowell rallied, cutting the lead to three at halftime, 28-25.

Shawsheen led 41-35 after three quarters, but Greater Lowell would eventually come back to take a 51-50 lead before the Rams converted the game-winning shot.

Senior Fiona Rexford led the way for the Rams with 13 points, junior Jailyn DiNuccio added nine and senior Krissi Macdonald contributed eight. Junior Kristal Wells chipped in with five points.

In all, 10 Rams scored at least two points.

Shawsheen finishes the regular season this week with two road games, Tuesday at Lynn Tech and Thursday at Lowell Catholic.

BOYS HOCKEY ROLLING

After a 3-2 loss to Medfield on Jan. 10, the Shawsheen Tech boys hockey team is on a seven-game winning streak that included a Commonwealth Athletic Conference-clinching victory over Northeast Regional.

The Rams (14-3-1) end the regular season this week with a home-and-home matchup with Methuen on Tuesday at Methuen and Thursday at Shawsheen.

Last week, Shawsheen beat Northeast by a 4-2 score, blasted Haverhill 8-1 and then edged Lexington in overtime on Sunday, 5-4.

Although the Shawsheen Tech boys hockey team clinched the Common-



wealth Athletic Conference title on Wednesday, February 12, coach Chuck Baker was looking for something more from his team.

The next night, the Rams gave him that something.

On Senior Night at Hallenborg Pavilion, Shawsheen exploded for an 8-1 victory against Haverhill on Thursday, February 13.

"We were coming off a 4-2 win against Northeast Regional that clinched the league title," Baker said. "We didn't quite perform the way we should. I laid into them a little and they came out and responded."

Shawsheen scored in the first minute of the game and the last. Justin Thibert opened the scoring 48 seconds into the game with his first of two goals. Larry Cullity notched his second goal with a shot from the neutral zone in the final 20 seconds of the game while the clock was running, capping off a four-goal second period.

"We've been good at limiting shots," Baker said. "I think it was 30-9 after the first two periods. In my eyes there are no bad shots."

The Rams led, 4-0 after

the second period. Thibert's game-opening goal, which included assists from Jacoby Patterson and Josh Baker, was enough for the Rams to hold on to the lead through the first period.

Josh Baker, a freshman, increased the Rams' lead to 2-0 with 9:48 left in the second period, scoring from the right of the goal after taking a pass from Thibert.

In the final three minutes of the middle period, the Rams added two more goals. Jake Carr one-timed a pass from Cullity with 2:45 left in the second.

Cullity scored his first goal with 1:30 remaining in the second from the left circle. Josh Baker and Patterson assisted.

Zack Timmons and Thibert scored short-handed goals with 10:08 and 9:14 left in the third, prompting the clock to start running for the rest of the game.

Haverhill (6-10) got on the board with 8:45 left to play. Pat McGowan put in his own rebound.

Shawsheen responded with a goal from Cam Splaine with 5:55 left.

Timmons and Dylan Higson claimed the assists. Goalie Aidan Fortunato made 11 saves for the Rams.

Against Lexington, Shawsheen trailed 3-2 after two periods but scored twice in the third to force overtime.

Higson scored in the extra session, unassisted, to earn the win for the Rams.

Higson ended up with three goals while Patterson and junior Charlie Shannon had the others.

Timmons had an assist and Splaine added a pair of assists.

GIRLS HOCKEY

BLANKS CAMBRIDGE

With an 8-0 win over Cambridge, the Shawsheen Tech/Bedford/Lowell girls hockey team upped its record to 15-3 with only a game with Masconomet Regional of Topsfield left to be played.

The Rams have won six in a row since a 1-0 loss to Central Catholic on Jan. 23.

In those six games, Shawsheen has outscored its opponents, 33-4.

The girls beat Acton-Boxborough in their previous game, 6-2.

Matt Breen of Wilmington hit a 3-pointer in last Friday's game against Bedford to eclipse 1,000 points for his career at Shawsheen. Breen is just the fourth boy in school history to achieve the mark.

(Photos by Doug Hastings)



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H250828, Auto., Modern Steel, 83K miles
\$19,698

2021 Jeep Cherokee Limited 4WD
H241379, Auto., Granite Crystal Met., 61K miles
\$19,998

2020 Mazda CX5 Touring FWD
H251126, Auto., Blue, 35K miles
\$20,998

2017 Honda Pilot EX AWD
H241384, Auto., Modern Steel, 60K miles
\$20,998

2021 Nissan Rogue Sport SV AWD
H250703, Auto., White, 30K miles
\$21,298

2019 Honda HRV Touring AWD
HP78741, Auto., Lunar Silver, 57K miles
\$21,698

2019 Subaru Crosstrek Limited
H251064, Auto., Quartz Blue, 32K miles
\$21,998

2020 Honda Accord EX-L Sedan
H250686, Auto., Platinum White, 75K miles
\$22,998

2022 Honda Civic Sport Sedan
H250509, Auto., Lunar Silver, 19K miles
\$22,998

2021 Honda Accord Sport Sedan
H241377, Auto., Still Light Pearl, 29K miles
\$23,998

2022 Honda Accord LX Sedan
H251103, Auto., Crystal Black, 14K miles
\$23,998

2019 Honda Pilot EX-L AWD
H250922, Auto., Crystal Black, 59K miles
\$24,498

2022 Honda Civic Sport Sedan
HP7876, Auto., Crystal Black, 6K miles
\$24,498

2019 Toyota Highlander XLE AWD
H241298, Auto., Midnight Black, 101K miles
\$24,498

2022 Honda CRV EX-L AWD
H250834, Auto., Modern Steel, 84K miles
\$24,698

2022 Honda Accord Sport Sedan
HP7865, Auto., Crystal Black, 39K miles
\$24,998

MANAGER'S SPECIALS

2010 Honda CRV EX AWD

Blue • 109K miles



#H241393

\$10,998

2010 Honda CRV EX-L AWD

Urban Titanium • 114K miles



#H251162

\$11,998

2013 Toyota Corolla LE Sedan

Black • 86K miles



#HP7879

\$11,998

2011 Acura MDX AWD

Advance • Black • 72K miles



#H251107

\$14,998

2013 Honda Accord EX-L

Sedan • Silver • 92K miles



#H250725

\$14,998

2018 Honda Civic EX-T Coupe

White Orchid Pearl • 106K miles



#HP78521

\$15,498

TOP \$\$ FOR TRADE-INS • MANY MORE ARRIVING DAILY

2023 Honda Civic Sport Sedan
H250841, Auto., Platinum White, 7K miles
\$24,998

2023 Mazda CX 30 Prem. AWD
H250430, Auto., Soul Red Crystal, 17K miles
\$25,498

2022 Subaru Outback Ltd. XT SUV
H2502121, Auto., White, 47K miles
\$25,798

2021 Honda Pilot EX AWD
H241391, Auto., Lunar Silver, 59K miles
\$25,998

2022 Honda Accord Sport Sedan
H251034, Auto., San Marino Red, 31K miles
\$25,998

2022 Honda Accord Sport Sedan
H250966, Auto., Lunar Silver, 26K miles
\$26,498

2025 Honda Civic Sport Sedan
H250504, Auto., Crystal Black Pearl, 1722 miles!!
\$26,498

2024 Honda Accord EX Sedan
H251101, Auto., Platinum White, 10K miles
\$26,698

2019 Honda Ridgeline AWD
HP7875, Auto., Crystal Black Pearl, 77K miles
\$26,998

2019 Honda Ridgeline AWD
H250658, Auto., Crystal Black Pearl, 71K miles
\$27,998

2022 Honda CRV EX AWD
H2511070, Auto., Lunar Silver, 28K miles
\$28,498

2022 Honda Accord Hybrid
H250720, Touring Sedan, Platinum White, 39K mi.
\$28,498

2023 Subaru Forester Wilderness
H241231, Auto., Autumn Green, 26K miles
\$29,998

2021 Jeep Wrangler Willys Sport
H2504971, Auto., Firecracker Red, 24K miles
\$30,998

2022 Honda Odyssey EX-L
HP7878, Auto., Obsidian Blue, 13K miles
\$32,998

2022 Honda Pilot TrailSport AWD
H250814, Auto., Lunar Silver, 43K miles
\$32,998

2022 Toyota Tacoma SR5 4WD
H250722, Auto., Silver, 59K miles
\$33,998

2024 VW Atlas SE Technology
H2510471, Auto., Deep Black Pearl, 15K miles
\$34,798

2022 Toyota Tacoma TRD Off Road
H250785, Auto., Barcelona Red, 26K miles
\$34,998

2024 Honda Ridgeline Sport AWD
240748, Auto., Platinum White, 5K miles
\$37,498

2024 Honda Ridgeline Sport AWD
241230, Auto., Crystal Black Pearl, 20 miles!!
\$37,998

2024 Honda Ridgeline Sport AWD
241209, Auto., Crystal Black Pearl, 20 miles!!
\$37,998

2024 Honda Passport EX-L AWD
241289, Auto., Lunar Silver, 20 miles!!
\$40,798

2024 Honda Odyssey Touring
H251058, Auto., Platinum White, 9K miles
\$41,998

Herb Chambers Honda of Burlington

33 Cambridge Street, Route 3A, Burlington, MA 01803

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Herb Chambers



HONDA



Nutrition (From previous page)

brown rice and whole-grain bread. They're packed with fiber and nutrients. For protein, opt for lean sources like chicken, fish, beans and tofu - great for your body without too much saturated fat.

Drink smart

Staying hydrated is key to feeling your best - physically and mentally! Water helps your body make the most of the nutrients in your food and flushes out what it doesn't need. Just be careful: many drinks are loaded with hidden sugars and empty calories. Aim for about eight cups of water a day, but feel free to adjust based on your activity level and personal needs. And remember, unsweetened drinks like tea or infused water count toward your hydration too!

Always check the label

Make it a habit to read food labels - they're key to understanding nutrition! Just because something looks healthy, like yogurt, doesn't mean it is. Check for added sugars and watch the sodium levels in diet meals. Aim for lower fat and salt, and higher protein, fiber, vitamins, and minerals. This will help you make smarter choices about what you eat!

Processed doesn't mean unhealthy

Processed doesn't mean unhealthy. The term 'processed food' often gets a bad rap, but not all processed foods are bad for you.

In fact, many staples like pasta, bread and yogurt are processed in some way. While some processed and ultra-processed foods can be high in saturated fat, sugar and salt, many are actually nutritious. For example, Herbalife's meal replacement shakes are processed to meet regulatory standards and deliver essential nutrients. The key is to choose your processed foods wisely - look for options that provide health benefits and fit into your balanced diet!

A quality meal replacement shake can help fill gaps in your diet

We'd all love to get all our nutrients from fresh, healthy food every day, but let's be honest - life gets busy! Whether you're rushing the kids to soccer practice or staying late at work, it can be tough to get all the nutrients you need. That's where a quality meal replacement shake comes in. These handy shakes can help you stay on track with your nutrition, making it easier to maintain a balanced diet even when you're short on time.

So, take a holistic approach. Combining healthy, fresh food with nutrient-dense meal supplements will ensure you get the nutrients that will help you power through the day. To learn more about how to maintain a healthy and active lifestyle, visit Herbalife.com.

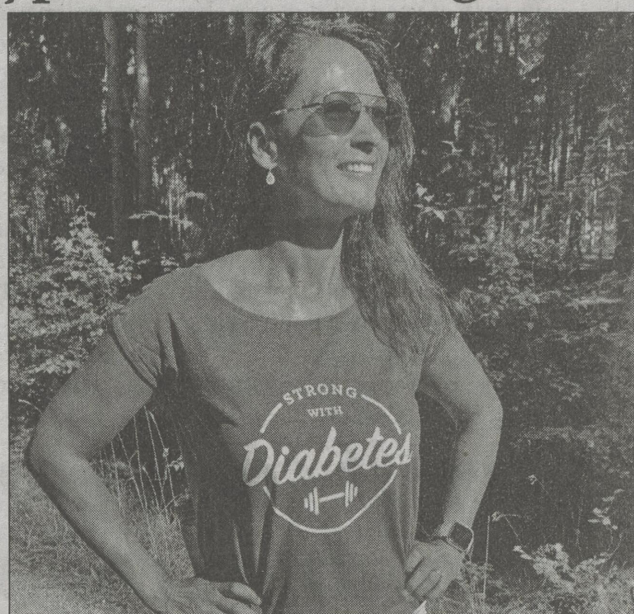
Navigating my "new normal" after an unexpected type 1 diabetes diagnosis

(BPT) - Sponsored by Sanofi

A sudden type 1 diabetes diagnosis can turn someone's world completely upside down. As individuals and their loved ones grapple with this new reality, many will face a mix of emotions: fear, uncertainty for the future, or regret about not learning sooner about their potential risk factors of developing the disease.

Christel Oerum has experienced these feelings firsthand. Just six months before a long-awaited trip to India, she was diagnosed unexpectedly with type 1 diabetes after her aunt noticed something wasn't quite right; Oerum kept falling asleep at family gatherings and her aunt encouraged Oerum to go to the doctor who diagnosed her with the disease. Following her diagnosis, one of Oerum's first questions to her healthcare provider was, "Can I still travel?" This reflects a common concern among newly diagnosed individuals about how type 1 diabetes may impact not only future plans - like traveling - but also seemingly "simple" aspects of life that one may not think twice about without a chronic autoimmune disease.

After her diagnosis, Oerum worked with her



healthcare team to learn everything she could about how to live with type 1 diabetes, including how to measure blood sugar levels and manage daily insulin injections. "While I was initially worried about how type 1 diabetes might impact my trip, it quickly became clear to me that I had so much to learn. I really was starting at zero and had little to no knowledge about type 1 diabetes, let alone how to manage it myself. I had to adjust to a 'new normal' that would be my reality for the rest of my life because there is no cure for type 1 diabetes."

Oerum's story serves as a powerful reminder of why type 1 diabetes awareness and early detection is so critical. Knowing in advance through screening - before symptoms arise and insulin dependence - can give people more time to prepare for how the disease may impact their lives and develop the skills needed to manage type 1 diabetes. The1Pledge.com has useful information about how to start a conversation with your doctor about screening for type 1 diabetes.

"Eventually I realized that I can still live a full life and do the things I want to do with the right planning. I'm so grateful for the sup-

port I received from my healthcare team and that I was able to make my trip to India," Oerum shares. "That said, managing my type 1 diabetes is something I work hard on every day. I wish I had been screened in advance, as knowing sooner, in an earlier stage of type 1 diabetes, may have mitigated some of the initial trauma that I experienced."

While inevitably adjustments to a "new normal" will need to be made no matter when someone might be diagnosed with type 1 diabetes, through early detection and screening, a diagnosis may be less of a shock. With advanced information about a type 1 diabetes diagnosis and subsequent monitoring, people like Oerum can continue to pursue their dreams - whether it's exploring India or conquering other personal goals. Talk to your doctor about screening for type 1 diabetes.

Sanofi does not provide medical advice, diagnosis, or treatment - information is provided for educational purposes only. Your doctor is the best source of health information. Talk to your doctor if you have any questions about your health or treatment.

3 reasons multi-country olive oil blends can be a great choice

(BPT) - Olive oil is a star ingredient for good reason. Nutritious and delicious, olive oil provides a wide range of benefits, from promoting heart health to protecting your brain.

With a variety of olive oil options to choose from, people are often searching for ways to find the "best" product. As a result, some may attach certain values or preferences to "single origin" versus multi-country olive oil blends, even going so far as to claim (incorrectly) that blended olive oils are inferior or even fake.

But what denotes real quality, and what's just misinformation?

Multi-country vs. single-origin olive oils

The difference between multi-country and single-origin olive oils comes down to sourcing. Multi-country blends combine olive oils from different countries, and clear disclosures are required.

On the other hand, there are no regulations around what the term "single origin" means for olive oil. It could refer to olives grown from a single estate, region or country.

More importantly, "single origin" doesn't tell you anything about an olive oil's quality. Quality results from



the hard work and skill of the farmers who cultivated and harvested the olives, the miller who extracted the oil and, in some cases, the bottler who masterfully crafts a blend with different olive oils.

So, what should you know about multi-country olive oil blends, and why are they worth considering?

1. Olive oil - like wine - can often achieve great, consistent flavor with "coupage" or blended combinations.

Winemakers often blend wines of different origins and varieties in a process known as "coupage." In fact, some famous appellations like Chianti and Rioja

are required by law to blend different regional wines.

Like with grapes, olives from different harvests can have different flavor profiles due to a variety of factors. To account for this, winemakers and olive oil makers can use coupage to balance flavor and achieve consistency year after year.

Similar to wines, a coupage of olive oils from different origins can be high quality. In fact, it's not uncommon to find such olive oil blends among the winners of consumer taste tests.

2. Multi-country blends make quality olive oil accessible when and where you want it.

When we go to the store, we expect our favorite olive oil to be there. The practice of blending olive oils from different regions helps make sure our preferred products are on the shelf, and they taste the way we expect them to - even if certain growing regions have a difficult season due to weather, which can negatively impact both the availability and quality of olive oil.

3. Olive oil blends are transparent about their countries of origin.

For many people, olive oil quality is associated with traceability (i.e., where did

OLIVE OIL NEXT PAGE

Mooney (From previous page)

family situations. It is important that you receive personal advice related to your specific situation and estate planning needs from qualified professionals.

About the author: Attorney Susan M. Mooney, is a partner in the law firm of Dalton & Finegold, LLP. She has been a practicing attorney for thirty-seven (37) years. She received her law degree, summa cum laude, from New England Law/Boston in 1987 and undergraduate degree from the University of Massachusetts. She is admitted to practice in Massachusetts State and Federal Courts and the Supreme Court of the United States.

Nothing contained in this article is intended as legal advice specific to your personal situation. Please consult an estate planning or elder law attorney of your choice to review your personal planning and circumstances.

For further information about estate planning, visit our web site at www.dflp.com. The firm offers legal services in various areas of practice including, Probate and Elder Law, Wills, Trusts and Estates, and Real Estate.

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MEMORY CARE

TRIAL STAYS

Gut health matters! 6 easy ways to prioritize it this winter

(BPT) - The holiday season is a festive, joyous time of year but it can pack a one-two punch. With all of the holiday baking, get-togethers and big meals, people tend to overindulge in rich foods, sweet treats and more. All of that has the potential to disrupt your gut, which can make you feel sluggish and also weaken your immune system. Here's where that one-two punch comes in. This time of year is also the height of the cold and flu season, when you need your immune system to be super charged.

The good news? Focusing on your gut health can help with both of these things, and will have you and your family feeling your best from the inside out. Finding ways to support this part of your body with solutions such as consistent sleep or taking a reliable probiotic can be not only easy but crucial to your family's overall health.

Why is the gut so important? Living within the gut are "good bacteria." Studies show that the gut microbiome - housing trillions of bacteria - influences various aspects of our health, including nutrient absorption, fiber digestion and

When it comes to supporting seniors, choosing care is personal

No one likes to be in a position of asking for help, but as we get older, most of us have to get comfortable accepting assistance. That help might be cobbled together from family and friends, paid staff or the community. When your support system is loosely organized, it can all fall apart if the usual help isn't available, or when you temporarily need extra support, like after surgery.

The question is, how can you get the right amount of reliable help without giving up the independence that you value? Consider PACE, like the Element Care PACE program that operates in more than 40 towns across the North Shore and Merrimack Valley. PACE stands for Program of All-Inclusive Care for the Elderly, and it certainly does include a lot of different kinds of support for older adults who need extra help but want to keep living in the communities they call home.

A big part of what makes Element Care PACE unique is the healthcare. Rather than chasing referrals and appointments all over town, all of your doctors, specialists and visits happen through Element Care's network. They have all the bases covered, including dental, vision, and hearing, as well as mental health, nutrition, and physical and occupational therapy. When you're in the program, all these health services are included and available when you need them.

Like so many aspects of life with PACE, your healthcare is personalized based on what you need. If you need services at home, you can get help with your



meals, personal care or housekeeping. For folks who want to get out and about, one of the best parts of the program is everything that's going on at the Day Centers.

Element Care's centers in Lynn, Gloucester, Beverly, Methuen and Lowell are a bustling hub of activity every day, with safe transportation provided. Besides being the location for most of your health services, the Day Centers are where other seniors gather to socialize, enjoy meals together, exercise, and take part in any number of activities from cards and games to crafts and dancing. At the end of the day, you get to go home to your familiar surroundings.

More help is something we all need as we get older, but getting the support you need is a personal choice. When your independence is at stake, you need a reliable system that's personalized for your lifestyle. With a program like Element Care PACE, participants get to enjoy the best of both worlds: true independent living, at home in the community, along with highly personalized and all-inclusive care for all the important things. When you can count on help like that, you can get back to enjoying your independence without relying on friends or family for every little thing.

If you or a loved one could benefit from PACE at Element Care, call today to talk to their knowledgeable staff and find out if you qualify at (877) 803-5564 (TTY 711). Or, learn more online at elementcare.org.

We believe your best years are ahead.

(Of course, your past years were pretty good too.)



Element Care PACE helps you live independently in your community

- **Personalized healthcare including medical, dental & vision**
- **Nearby day centers with transportation, meals & social activities**

All so you can keep being your best you.

**Element Care** | **PACE**

Learn more and see if you or a loved one qualify:

(877) 803-5564 (TTY 711)

ElementCare.org

No cost for MassHealth and Medicare eligible. Contact us for Medicare only and private pay options. Participants must receive all health care, primary and specialist physician services – other than emergency services – as authorized by PACE or be fully and personally liable for costs of unauthorized services.

1. Increase fiber in your diet
 2. Include probiotic-rich foods
 3. Use a probiotic supplement
 4. Talk to your doctor
- gut barrier function, but it doesn't stop there. It also plays a role in your immune system, pathogen resistance, metabolism, weight management, and even mood and behavior. Prioritizing the gut isn't just helpful for adults. It's important for children, too.
- To help you prioritize your family's gut health, Registered Dietitian and Florastor Brand Ambassador Steph Grasso, MS, RD, shared some useful tips.
- Fiber is the main fuel for the beneficial bacteria in your gut. Without enough fiber, the diversity of your gut bacteria can decrease, which negatively impacts digestion and your immune system. Women should aim for at least 25 grams of fiber per day, while men should get about 38 grams.
- Incorporate whole grains, legumes, fruits and vegetables. Try starting your family's day with oats, snacking on apples (skin on), or adding beans to soups and salads to boost fiber intake.
- Probiotics are live bacteria that benefit your digestive system. Eating probiotic-rich foods helps restore the balance of good bacteria in your gut, promoting better digestion and a stronger immune system. Yogurt with live cultures, kefir, sauerkraut, kimchi and kombucha are all great options for adults. But beyond yogurt, kids aren't generally big on probiotic-rich foods. That's why supplements can be a powerful ally.
- Poor sleep is linked to negative changes in the gut microbiome. Getting enough quality sleep supports both your gut and your mental health. Create a calming bedtime routine, like reading or doing some light stretches before bed. Try to limit screen time and avoid heavy meals before going to sleep.
- Chronic stress can disrupt your gut bacteria, leading to digestive problems and increased inflammation. Managing stress with different techniques can help keep your gut in balance. Try yoga, meditation or deep breathing exercises. One powerful way to manage stress is to start your day with a morning walk outside, weather permitting. Getting out in nature is so beneficial for

• Olive oil

(From previous page)

this olive oil come from?). However, traceability doesn't depend on the olive oil having a "single origin."

Olive oil blends are required by law to disclose their olive oils' countries of origin, and that's what producers do. What's more, some producers even use blockchain data and QR codes to help provide additional transparency.

Any suggestion that an olive oil listing more than one country on the label is "fake" is disingenuous. If anything, the level of transparency olive oil blends provide should give you confidence in the authenticity of the product you're buying.

Whether you prefer single-origin or blended olive oil, the trustworthiness of the producer is the most important factor.

At the end of the day, neither single-origin nor multi-country olive oil blends are inherently better than the other.

Both small-estate producers and larger companies with positive brand recognition can be trusted to take all steps needed to assure the quality of the oil in their bottles, regardless of where the oil comes from. You can also look for seals like NAOOA Certified and Extra Virgin Alliance.

Whether you choose a single-origin olive oil or a multi-country blend, what truly matters is the level of transparency provided on the label and the care and craftsmanship that goes into the bottle.

Celebrate Black History Month with local events

By **HEATHER BURNS**
News Correspondent

For almost 50 years, the month of February has been celebrated by our nation as Black History Month.

This important part of America's history was originally honored with a week long event known as Negro History Week.

This week-long celebration was started in 1926 by noted African American historian, scholar, and educator Carter G. Woodson to celebrate the achievements of the black community.

It wasn't until 1976 that President Gerald Ford officially extended the week-long event to a month to honor the accomplishments of all Black Americans in every area of endeavor throughout our nation's history.

Despite the fact that the official White House website shows a proclamation made on Jan. 31, 2025 by President Trump recognizing February 2025 as National Black History Month, calling for "all people of the United States to observe this month with appropriate programs, ceremonies and activities,"

there has been some confusion as to the federal government's actual acknowledgment of this important month.

In a recent memo from the Department of Defense, the cancellation of all "National Identity Months" celebrations and observances was declared.

This declaration includes the cancellation of Women's History Month, Pride Month and Black History Month.

The cancellation of identity months falls in line with the Trump administration's agenda to roll back all diversity, equity and inclusion programs, which could potentially put the celebration of many diverse and important American historical events in jeopardy for the future.

Thankfully, local officials are continuing to recognize the many achievements of the Black community with celebrations throughout this important month, each offering an unique experience for the community as a whole to explore.

On Saturday, Feb. 22, the Chelmsford D.E.I. Committee is sponsoring a Jazz Brunch in celebration

of Black History Month.

Enjoy live jazz music and a delicious brunch at the Chelmsford Center for the Arts, located at 1A North Road, from 11 a.m. to 1 p.m. For ticket information visit www.chelmsfordarts.org.

Also on Feb. 22, celebrate the Music of the South with the Peabody Institute Library of Danvers, located on 15 Sylvan St. in Danvers.

This event features The Music for Many Occasions Ensemble, a subset of the Boston Pops Gospel Choir, performing a program of music and history from the Civil Rights movement and highlighting the 1960's Freedom Riders fight for voting rights.

This sing-a-long event is free to all ages, but registration for this event is required.

To register visit www.danverslibrary.org.

Sunday, Feb. 23 is Celebrate Black History Month at the West Newton Cinema, located at 1296 Washington St.

Join an impressive panel of experts to discuss the theme, voice and history of the movie "Nickel Boys."

This informative event is hosted by the Newton

Community Pride. Admission is free, but reservations are recommended.

For more information on this event and to register in advance, visit www.newtoncommunitypride.org.

The Reading Office of Equality and Social Justice is hosting Black History Trivia Night at the Reading Public Library on Feb. 25 from 6:30 to 8:30 p.m.

The Reading Library is located at 64 Middlesex Ave., and all are welcome to join in this fun and educational event.

The City of Boston is also holding many celebrations and events for Black History Month throughout the month of February.

In particular, the Boston Public Library is offering several presentations and workshops that include such subjects as The Art and Fashion of Head Wrapping and a Special Collection of Revolutionary Black Artists.

In celebration of Black History Month, the City of Boston is also promoting the support of Black-owned businesses with special events throughout the month.

For more information on Boston Public Library

Black History Month events, and promotions for the local black business community, visit www.meetboston.com/black-history-month.

For those who don't mind the cold, consider a stroll through Beacon Hill to discover Boston's largest community of pre-civil war African Americans on the Black Heritage Trail.

The National Park service offers free 90-minute tours of the Black Heritage Trail on a seasonal basis, but maps for self-guided tours can be obtained at the Museum of African American History, located at 46 Joy St.

The Museum of African American History is also hosting a large variety of events, but even a trip to the museum to visit their everyday collections and

displays can be an educational, informative, well spent afternoon that is well worth exploring.

A schedule of events celebrating Black History Month can be found on the museum's website at www.maah.org.

Please remember, diversity has always been the continuous thread in the fabric of our country, so despite the lack of clarity from some of our nation's leaders, we the people still embrace the diversity that has made our nation great.

This February, join your fellow Americans in honoring all the achievements of our Black communities, both past and present, by taking part in the local celebrations of Black History Month.

LEGAL NOTICES ARCHIVE

All published legal notices are posted to the Massachusetts Public Notices website. To search the archive of previously published legal notices go to:

www.homenewshere.com or
masspublicnotices.org/Search.aspx

LEGAL NOTICE



TOWN OF WILMINGTON
BOARD OF APPEALS

A public hearing will be held at the Town Hall, 121 Glen Road, Room 9 on Wednesday, February 26th, 2025 at 7:00 p.m. on the following applications:

CASE #2-25
815 WOBURN STREET
MAP 47 PARCEL 9

APPLICANT:
ATS
815 WOBURN STREET LLC
EDWARD FARRELL JR.

REQUEST: SPECIAL PERMIT FOR CHANGE OF USE LIVERY SERVICE PROVIDER SPECIALIZING IN WHEELCHAIR TRANSPORTATION, SHUTTLE CHARTERS AND NON EMERGENCY VEHICLES PURSUANT TO SECTION 3.5.15.

250085

2/13, 20/24

LEGAL NOTICE



TOWN OF WILMINGTON
BOARD OF APPEALS

A public hearing will be held at the Town Hall, 121 Glen Road, Room 9 on Wednesday, February 26th, 2025 at 7:00 p.m. on the following applications:

CASE # 1-25
2 ALICE AVE
MAP 010 PARCEL 011C

APPLICANT:
LAURA SANTOS

REQUEST: SPECIAL PERMIT TO INCREASE THE NON-CONFORMING STRUCTURE TO BUILD A 2 CAR GARAGE ADDITION WITH FAMILY AND MUD ROOM, AND SHALL REQUIRE A SPECIAL PERMIT PURSUANT TO SECTION 6.1.6.4

250079

2/13, 20/24

LEGAL NOTICE



TOWN OF WILMINGTON
CONSERVATION COMMISSION

PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA 01887, on Wednesday, March 5, 2025, at 7:10 p.m., in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by Joseph & Maria Haddad, 17 Cushing Drive, Wilmington, MA 01887, owners & applicants. This filing is to construct a 16.5' x 18.7' family room on top of an existing deck structure. The work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, MGL Chapter 131, Sect. 40 and 310 CMR 10.00. This property is located at 17 Cushing Drive, Wilmington, MA 01887 and shown on Assessor's Map 21 Parcel 61. A copy of the application is on file at the Department of Planning & Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

250159

2/20/25

LEGAL NOTICE



TOWN OF WILMINGTON
CONSERVATION COMMISSION

PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA 01887, on Wednesday, March 5, 2025, at 7:05 p.m., in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by the Town of Wilmington, 121 Glen Road, Wilmington, MA 01887, owner & applicant. This filing is to request a determination of wetland resource area boundaries designated by the MA Wetlands Protection Act, MGL Chapter 131, Sect. 40 and 310 CMR 10.00, associated with a Vegetation Management Plan for the selective use of herbicides within the road Right-of-Ways. This request applies Townwide in Wilmington, MA 01887. A copy of the application is on file at the Department of Planning & Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

250160

2/20/25

LEGAL NOTICE



TOWN OF TEWKSBURY
PLANNING BOARD

PUBLIC HEARING

**SPECIAL PERMIT
SITE PLAN REVIEW,
LAND DISTURBANCE PERMIT**

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on **March 10, 2025 at 7:05 PM** in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by David Plunkett on behalf of BLJB Holdings, LLC for a Site Plan Review pursuant to Section 3.6 and

Special Permit under Section 3.5 of the Tewksbury Zoning Bylaw, as well as a Land Disturbance Permit pursuant to Chapter 19 of the General Bylaw to construct three residential buildings as multifamily dwellings for persons aged 55 or older as shown on plans filed with this Board.

Said property is located at 15 & 41 Astle Street, Assessor's Map 22, Lots 11 & 9, zoned General Business.

The application may be examined on the Planning Board webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org.
Stephen Johnson, Chairman
250132 2/20, 27/25



▲ A giant land turtle mural at the Belmont Street bridge in Cambridge provides some public art along the Watertown-Cambridge Greenway. The two-mile shared-use path provides a critical connection between the Minuteman Bikeway and the Charles River path system. (Paige Impink photo)

Walk the Watertown-Cambridge Greenway

By **PAIGE IMPINK**
News Correspondent

Looking for a new place to walk? Try the Watertown-Cambridge Greenway. Completed in 2022, the two-mile multiuse path is a wonderful way to explore Watertown and Cambridge.

On the day we visited, we accessed the trail at Holworthy Street, next to Sofra, a Middle Eastern bakery and café on the Cambridge/Watertown line. (As a side note, Watertown is full of Middle Eastern bakeries and markets which increases the benefit of venturing out to enjoy the trail. Consider lunch or a snack as a reward for your walking work-

out.)

If you walk the trail south along Mt. Auburn Street, you can detour at Grove Street and visit Arax Market and Massis Bakery. One could also park along Belmont Street and visit Eastern Lamejun Bakers before or after walking the path.

According to the Cambridge Community Development Department, the greenway helps complete an important regional connection linking the Charles River path system and the Minuteman Bikeway. The trail sits on the former B&M railroad Watertown branch. The rail trail is regularly used as a commuter path.

A giant land turtle mu-

ral at the Belmont Street bridge, Slow and Steady, was painted by artist Rich Gomez in 2023 in the graffiti style on the back of a commercial building. It really sets the tone for the greenway path with its color and forest theme.

A nice feature of the trail is the connection to the Fresh Pond Reservation and its loop trail. This 2.25 mile shared used path circles Fresh Pond, a reservoir that serves Cambridge. The path is paved.

As a small trail, the greenway walk is achievable and on the day we visited we observed runners, cyclists, dog walkers, and families with strollers. The trail was

surprisingly clear though recent snowfall will impact use until the next thaw. The path is tree lined which helps keep temperatures down in the heat of the summer.

The greenway path is accessible from entry points in Cambridge at the Fresh Pond water treatment plant driveway, Holworthy Street near Mt. Auburn Street, and at Arsenal Park at 485 Arsenal St.

There are unpaved access points on Huron Avenue and at the back of the Star Market parking lot. Please note: Parking at Fresh Pond Reservation is only for permitted Cambridge residents.



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LEGAL NOTICE



TOWN OF TEWKSBURY
LEGAL NOTICE

INVITATION TO BID

VAN BUREN ROAD STORM
DRAIN EXTENSION
CONTRACT No. PW-24-26

Sealed Bids for the construction of the Van Buren Road Storm Drain Extension project for the Town of Tewksbury, Massachusetts, Contract No. PW-24-26, will be received at the Department of Public Works (DPW) Office located at 999 Whipple Road, Tewksbury, MA 01876, until 2:00 p.m. local time on Thursday, March 6, 2025, at which time said Bids will be publicly opened and read aloud.

The work includes the construction of approximately 640 feet of new 12" HDPE storm drain and appurtenant work on Van Buren Road and Marston Street. The work also includes the removal and replacement of the existing 12" and 18" corrugated metal culverts crossing Marston Street and Chapman Road, respectively.

Contract Documents are incorporated by reference and may be obtained from Accent Printing after 10:30 a.m. local time on Wednesday, February 19, 2025. Electronic copies can be downloaded from their website at www.accentblueprints.com for no charge. Hard copies may be obtained for a fee by completing an order online or by calling 978-362-8038 for each set. Completed orders may be picked up at the office of Accent Printing located at 99 Chelmsford Road, North Billerica, MA 01862, from 9:00 a.m. to 4:00 p.m. Copies may also be shipped to prospec-

tive bidders for an additional charge to cover handling and mailing fees. All payments for printing and shipping are non-refundable. For addition to the project plan holder's list to guarantee receipt of addenda, it is recommended interested bidders obtain the Contract Documents directly from Accent. Interested bidders will be prompted to register an email address with Accent to access the documents. Contract Documents can only be obtained through Accent Printing. Contract Documents may also be examined, but not obtained, at the DPW Office during the following hours: 7:00 a.m. to 3:30 p.m. Monday through Friday.

Addenda, if issued, will be posted to the Accent Printing website and shall be accompanied by e-mail notification to every individual or firm on record as having received the Bid Documents. It shall be the sole responsibility of the Contractor to ascertain the existence of any and all addenda. Hard copies of addenda will not be mailed or faxed. Minimum Wage Rates as determined by the Commissioner of Department of Labor and Industries under the provision of the Massachusetts General Laws, Chapter 149, Sections 26 to 27D, as amended, apply to this project. It is the responsibility of the contractor, before bid opening, to request if necessary, any additional information on Minimum Wage Rates for those trades people who may be employed for the proposed work under this contract.

The bidding and award of this Contract will be under the provisions of M.G.L. c. 30B. The Town reserves the right, in its absolute and sole discretion, to reject any or all Bids if deemed to be in its best interest.

By: Kevin Hardiman
Director of Public Works:
For: John Curran
Town Manager
250150 2/20/25

LEGAL NOTICE



TOWN OF TEWKSBURY
DEPARTMENT OF
PUBLIC WORKS
ROADWAY RESURFACING
CONTRACT PW-25-07

INVITATION TO BID

Sealed Bids for TOWN OF TEWKSBURY, MASSACHUSETTS DEPARTMENT OF PUBLIC WORKS ROADWAY RESURFACING CONTRACT PW-25-07, will be received by the Town of Tewksbury at the Department of Public Works office, 999 Whipple Road, Tewksbury, MA 01876, until 1:00 p.m., on Wednesday, March 12, 2025 at that time and place Bids will be publicly opened and read aloud. In the event the DPW offices are closed due to inclement weather, the bid opening will be postponed until the next day the DPW offices are open.

The total contract price of this contract shall consist of furnishing all labor, tools, equipment and materials necessary for the complete and satisfactory performance as determined in the sole discretion of the Town.

A MassDOT pre-qualification certificate of approval will be required to bid on the Contract. Contract Documents are available after 1:00 p.m. local time on Wednesday, February 19, 2025 by going to www.accentblueprints.com and following the prompts to a free downloadable bid set. Contact Accent Printing at 978-362-8038 for distribution questions. No monetary deposit is required to obtain the documents. Contract Documents may also be examined, but not obtained, at the DPW office during the following hours: 7:00 a.m. - 3:00 p.m. Monday through Friday.

Each Bid shall be submitted in accordance with the Instructions to Bidders and shall be accompanied by a Bid Security in form of a certified check, cashier's check or security bond in the amount of 5 percent of the Bid.

This contract has been written in conformance with the Massachusetts Department of Transportation (MassDOT) STANDARD SPECIFICATIONS FOR HIGHWAYS AND BRIDGES 2024 Edition. Additional supplemental specifications have been added where applicable and will govern in the contract.

Bidders may not withdraw their Bids for a period of 45 days, excluding Saturdays, Sundays and legal holidays, after the actual date of the opening of the Bids. Complete instructions for filing Bids are included in the Instructions to Bidders.

Minimum Wage Rates as determined by the Commissioner of the Department of Labor and Workforce Development under the provision of the M.G.L. c.149, §26 to 27D, as amended, apply to this project. It is the responsibility of the Contractor, before Bid Opening to request, if necessary, any additional information on Minimum Wage Rates for those trades' people who may be employed for the proposed work under this Contract.

The Bidding and Award of this Contract will be pursuant to M.G.L. c. 30, § 39M. The Owner reserves the right, in its absolute and sole discretion, to waive any informality in or to reject any or all Bids if deemed to be in its best interest.

MassDOT prequalification of contractors with the class of work as, Pavement - Surfacing, for the project with an estimated value of \$1,065,525.00 will be required.

JOHN CURRAN
TOWN MANAGER
TEWKSBURY,
MASSACHUSETTS
250151 2/20/25

LEGAL NOTICE

Notice is hereby given to: Mario Tarves of, 428 Ridge St., Apt.1 in Fall River MA who is the last registered owner of a

2012 Nissan Juke
VIN # JN8AF5MVXCT110616
that this vehicle will be sold at auction on or about March 7, 2025 at A&S Towing, 222 Andover Street, Wilmington MA. The vehicle will be auctioned to recover towing and storage charges that are past due.
250133 2/12,19,26/25

LEGAL NOTICE



TOWN OF TEWKSBURY
BOARD OF APPEALS

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on February 27, 2025, at 6:30 P.M., in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876, for an application filed by Heritage Builders on behalf of the Town of Tewksbury c/o Dick Cuoco for a variance under Section 5.3.1.A of the Tewksbury Zoning Bylaw, to construct a single family on a lot that does not meet the 80% diameter requirement and as shown on plans filed with the Board.

Said property is located at 283 PLEASANT ST., Assessor's Map 46, Lot 2 zoned Residence 40 (R40).

The application may be examined on the Zoning Board of Appeals webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org
Nancy Rego, Chair
250119 2/13,20/25

LEGAL NOTICE



TOWN OF TEWKSBURY
CONSERVATION COMMISSION

PUBLIC HEARING

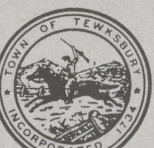
NOTICE OF INTENT (NOI)

Notice is hereby given that the Tewksbury Conservation Commission will hold a public hearing on March 5, 2025, at 6:30 P.M. within the Tewksbury Town Hall, 1009 Main Street, for a NOI application filed by Marc Ginsbury for addition to a single-family home, landscaping and demolition of a tree house within 100' of a bordering vegetative wetland.

The property subject to this application is located at 77 NEW YORK RD, 79 FIRST ST, 0 CONNETICUT RD TEWKSBURY, MA, Assessor's Map 81 Lots 172, 170, 168.

The application may be examined on the Conservation Commission webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org
Daniel Ronan
Chair
250140 2/20/25

LEGAL NOTICE



TOWN OF TEWKSBURY
PLANNING BOARD

PUBLIC HEARING

Proposed Zoning
Bylaw Amendments
Pursuant to G.L. c. 40A,
Section 5

The Planning Board of the Town of Tewksbury will hold a public hearing to discuss proposed amendments to the Town's Zoning Bylaws as submitted for the May 5 and May 7, 2025 Annual Town Meeting. The public hearing will be held as follows:

Place:
Town of Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA
Date:
Monday, March 10, 2025
Time:
7:10 p.m.

The subject matter of the proposed amendments is indicated below. The complete text and maps relative to the proposed amendments is available for inspection during regular business hours at the following locations: Town Clerk's Office and Community Development Office, Town Hall, 1009 Main Street, Tewksbury, MA and the Town's website at www.tewksbury-ma.gov.

Placing Public Notices

The Town Crier is the Newspaper of Record in Wilmington and Tewksbury, Massachusetts.

Public notices are published weekly.

To place your notice email it to:
legals@dailytimesinc.com

Deadline for Wednesday's paper is 10 AM on Monday

LEGAL NOTICE



TOWN OF TEWKSBURY
BOARD OF APPEALS

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on February 27, 2025, at 6:30 P.M., in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876, for an application filed by Michael Newhouse under MA General Laws, Chapter 40A, Section 8 as a Party Aggrieved by a decision made by the Building Inspector in a letter dated January 7, 2025, to determine applicability of Section 10 of Chapter 150 of the Acts of 2024

Said property is located at 334 BROWN ST, Assessor's Map 81, Lot 8 zoned Residence 40 (R40).

The application may be examined on the Zoning Board of Appeals webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org
Nancy Rego, Chair
250116 2/13,20/25

LEGAL NOTICE



TOWN OF TEWKSBURY
CONSERVATION COMMISSION

PUBLIC HEARING

REQUEST FOR
DETERMINATION OF
APPLICABILITY (RDA)

Notice is hereby given that the Tewksbury Conservation Commission will hold a public hearing on March 5, 2025, at 6:30 P.M., located at Tewksbury Town Hall, 1009 Main Street, for a RDA application filed by Joseph McConaghy for construction of a fence within 100' of a bordering vegetative wetland.

The property subject to this application is located at 40 LONGMEADOW DR TEWKSBURY, MA, ASSESSOR'S MAP 26-124.

The application may be examined on the Conservation Commission webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org
Daniel Ronan
Chair
250120 2/20/25

LEGAL NOTICE



COMMONWEALTH OF
MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT

Middlesex Probate
and Family Court
10-U Commerce Way
Woburn, MA 01801

CITATION GIVING NOTICE
OF PETITION FOR
APPOINTMENT OF GUARDIAN
FOR INCAPACITATED
PERSON PURSUANT TO
G.L. c. 190B, §5-304

Docket No. MI25P0535GD

In the matter of:
Hedley A. Collins
Of:Wilmington, MA
RESPONDENT
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by John Collins of Oak Island, NC Steven Collins of Lowell, MA in the above captioned matter alleging that Hedley A. Collins is in need of a Guardian and requesting that John Collins of Oak Island, NC, Steven Collins of Lowell, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is

incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/28/2025. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.
WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.
Date: January 31, 2025
Tara E. DeCristofaro,
Register of Probate
250154 2/20/25

LEGAL NOTICE



COMMONWEALTH OF
MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT

Middlesex Probate
and Family Court
10-U Commerce Way
Woburn, MA 01801

CITATION GIVING NOTICE OF
PETITION FOR APPOINTMENT
OF CONSERVATOR OR OTHER
PROTECTIVE ORDER
PURSUANT TO
G.L. c. 190B, § 5-304 & § 5-405

Docket No. MI24P6334PM

In the matter of:
Sandra Ann Collins
Of: Nutting lake, MA
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by John Collins of Oak Island, NC in the above captioned matter alleging that Sandra Ann Collins is in need of a Conservator or other protective order and requesting that John Collins of Oak Island, NC (or some other suitable person) be appointed as Conservator to serve With Surety on the bond.

The petition asks the court to determine that the Respondent is

disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 03/12/2025. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.
WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.
Date: February 12, 2025
Tara E. DeCristofaro,
Register of Probate
250153 2/20/25

LEGAL NOTICE



COMMONWEALTH OF
MASSACHUSETTS
THE TRIAL COURT
PROBATE AND
FAMILY COURT

Middlesex Probate
and Family Court
10-U Commerce Way
Woburn, MA 01801
(781) 865-4000

CITATION ON PETITION FOR
FORMAL ADJUDICATION

Docket No. MI24P6482EA

Estate of:
Lynn Louise Harmacek
Also known as:
Lynn Louise Porter Harmacek
Date of Death: 08/04/2024

To all interested persons:
A Petition for S/A - Formal Probate of Will with Appointment of Personal Representative has been filed by Bart Perlman of Tewksbury MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: Patrick McAvoy, Esq. of Melrose MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

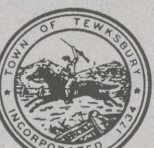
IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 03/13/2025. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED
ADMINISTRATION UNDER
THE MASSACHUSETTS
UNIFORM PROBATE
CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.
Date: February 13, 2025
Tara E. DeCristofaro,
Register of Probate
250158 2/20/25

LEGAL NOTICE



TOWN OF TEWKSBURY
PLANNING BOARD

PUBLIC HEARING

Proposed Zoning
Bylaw Amendments
Pursuant to G.L. c. 40A,
Section 5

The Planning Board of the Town of Tewksbury will hold a public hearing to discuss proposed amendments to the Town's Zoning Bylaws as submitted for the May 5 and May 7, 2025 Annual Town Meeting. The public hearing will be held as follows:

Place:
Town of Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA
Date:
Monday, March 10, 2025
Time:
7:10 p.m.

The subject matter of the proposed amendments is indicated below. The complete text and maps relative to the proposed amendments is available for inspection during regular business hours at the following locations: Town Clerk's Office and Community Development Office, Town Hall, 1009 Main Street, Tewksbury, MA and the Town's website at www.tewksbury-ma.gov.

Article
To see if the Town of Tewksbury will vote to amend the Tewksbury Zoning Bylaws Section 2 and Section 5.4.3 Appendix A, Table of Uses, to allow for the following commercial and industrial uses: Banquet and Event Facility, Battery Energy Storage Systems, Cold Storage Warehouse, Data Center, and Light Industrial Warehouse, as well as insert a new section 7.6 related to the regulation of Battery Energy Storage Systems.

Article
To see if the Town of Tewksbury will vote to amend the Tewksbury Zoning Bylaws Section 6.2 which regulates signage to create flexibility for business owners with electronic menu boards and modify sign requirements related to available commercial and industrial space in Town.

Article
To see if the Town of Tewksbury will vote to amend the Tewksbury Zoning Bylaws 5.3.1.E to insert new section 7 to modify requirements for accessory structures and create consistent safety standards for all types of in-ground swimming pools.

Article
To see if the Town will vote to amend the existing Zoning Map dated October 2024 by removing certain outlined parcels from the Town Center District and include them in the Residence 40 District, except Map 47 Lot 164 which will be included in the Multifamily District.
Stephen Johnson, Chairman
250161 2/20,27/25

Supt. calls school budget 'lean'

SCHOOL FROM PAGE 1

for so long and they needed to follow a replacement cycle.

Brand went on to say that the budget was lean overall, and there would always be more that the district could do with more financial resources. He also thanked Town Manager Eric Slagle for his collaboration and support. He recommended this budget to the committee.

David Ragsdale suggested that the district shouldn't push off capital requests too far into the future, and that their plan for the following year was substantially higher than the total requests for 2025-2026.

Stephen Turner thanked all of those who put the budget together. He foresaw that the high school would certainly need another teacher for the following year, if not two.

Chair Jesse Fennelly invited public comment on the budget specifically.

A single comment was delivered by an educational assistant who stated that the work they do is essential while they aren't paid a wage that reflects the value of their work. She asked for a fair wage in the ongoing contract negotiations.

"We won't back down until

educational assistants receive the dignity and respect that we deserve," she said.

The committee then closed the public hearing and approved the recommended budget.

Later, Brand brought two versions of the 2025-2026 school year calendar to the committee. The main difference largely surrounded the days before Christmas break. One showed full days of school through Tuesday Dec. 23 with a return on Jan. 5, and the second showed school ending on Dec. 19 for a full two weeks of break.

The first would allow school to end before June-teenth with all five snow days taken, and the second would continue as late as June 22 if they used all five snow days.

Dr. Jenn Bryson also pointed out that one calendar had a holiday on Good Friday and the other didn't.

Turner stated his preference for full days over half days. He also thought that they would take the whole day off on the Wednesday before Thanksgiving next year.

Ragsdale said he preferred the first version, as he thought two weeks was too long for the Christmas break. He also suggested they keep Good Friday as a holiday to

provide more time to collect feedback from staff and the community.

Jay Samaha agreed with the preference for the first version and keeping Good Friday as a holiday, but he wanted to see a half day before Thanksgiving.

Nicholas Golden shared his preference for the second schedule, with Good Friday still being a school day and the longer Christmas break, although he didn't want to see school run too late into June.

Fennelly said he didn't mind the half day before Thanksgiving and the longer Christmas break.

Turner asked if they could survey staff to see if they would have staffing issues by holding school on Good Friday.

Several members suggested that attendance might be low if they had school on Dec. 23.

Mercaldi proposed that having two weeks off of school might be difficult for parents and providing childcare. Golden suggested they expand the staff survey to ask about the Christmas break, as well.

Fennelly moved the conversation by saying that they would discuss the calendar further following the staff survey.

Some voting locations moving

ELECTION FROM PAGE 1

retiring, so the appointment would be filled by whomever is placed in that role.

Then she described that they are moving the town's precinct voting locations this year to take advantage of the new town hall and new senior center as polling locations. Until the town hall is finished later this year, precinct four was proposed to vote in room nine of town hall, and precincts one through three would vote at the new senior center opening on Feb. 14.

Lawrenson assured the board that Town Engineer Paul Alunni designed flow charts to direct foot traffic. She stated that her biggest challenge is keeping each precinct isolated to prevent access to other tabulators. She also said that they preferred not to use the schools as voting locations.

She provided that she would work with the high school principal to ensure parking at the high school

student lot while residents are voting at the new town hall for presidential and state elections when they expect higher traffic.

Lawrenson also needed the board to approve in-person early voting for the special ballot election in September. She said that she may need additional staff for this election, but according to new laws in effect, she was able to add election workers closer to the election without coming back for another vote.

Chair Greg Bendel gleaned that they had four items to vote on: the appointment of election workers; the authorization of the police chief with the authority to assign police officers; early in-person voting; and new election polling locations. Bendel said that between the annual election, annual Town Meeting, and special votes in September, the town clerk's office would be busy.

Frank West commented that the town clerk's office does a fine job. He asked

how the senior center voting area would be blocked off. Lawrenson replied that they would use rolling measuring tape for 150 feet. She assured the board they didn't anticipate accessibility concerns.

Lilia Maselli and Kevin Cairra both thanked the town clerk for all of her office's efforts. Maselli shared excitement for permanent polling locations, noting that the use of the high school required residents to walk far from the parking lot.

Cairra asked if the chairs in the main auditorium of the new town hall were affixed or if they could be moved, suggesting they ensure there's enough room to vote before election day.

The board voted to appoint the election workers with one abstention from West. They also approved the authorization of the chief's authority to assign police officers, early in-person voting, and election polling locations unanimously.

Debate over using search firm

BRAND FROM PAGE 1

approach and then consider a search firm if they don't like the quality of the candidates.

Ragsdale mentioned that Stern-Armstrong's job is not executive search, and he wanted to see folks who do that work every day be involved in the interim search.

"I feel as though we can get someone in this position to keep us moving in a steady way under [Stern-Armstrong's] leadership," Bryson maintained.

Mercaldi expanded upon his suggestion to say that they could use Stern-Arm-

strong to get the job posting out and then deliberate about the addition of a consulting firm at their next meeting.

Turner also thought that they could decide together what services they use for the interim search. Golden added onto that to say his preference was just to have a support role from the consulting firm, someone to bounce ideas off.

Bryson restated their plan which was for herself and Fennelly to reach back out to NESDEC and MASC, respectively, to ask about the types of services they offer in an interim search, and then they

would bring back that information for the next meeting for a vote.

Meanwhile, Stern-Armstrong could post the interim superintendent position and begin reviewing applicants.

Ragsdale also proposed that they give Fennelly and Bryson the authority to decide on the consultant without it coming back to the committee if they say fit. The board voted to approve the delegation of authority to decide on a firm for consulting services.

More information, and potentially the result of that decision, is expected on Feb. 26.

School Committee hears update from athletic department

By LIZZY HILL
News Correspondent

WILMINGTON — On Wednesday, Feb. 12, Athletics Director Dennis Ingram brought updates for the School Committee on the summer clinic and proposal for a "Hall of Fame" Wall.

He first stated that this would be the department's 20th year offering summer clinics. For summer 2025, they would hold clinics at the middle school mostly, as the high school track repair and potential new turf construction would begin on July 1.

He also shared that they couldn't offer their highly popular track and field camp with only one track in town, so they came up with a cross-country hybrid offering for grades 9 through 12. He shared excitement for promoting sports to younger kids in town and that they already opened registration.

Dr. Mike Mercaldi commented that it was great for a lot of parents that the town offered these clinics. He asked about their mitigation plans in the event of intense heat, as the high school has air conditioning but the middle school does-

n't.

Ingram answered that they would have a trainer on site for every camp and use the heat index to determine if it was safe to keep the students outside. They could implement frequent breaks if the heat index started to approach the limit and bring kids into the cafeteria if necessary. He assured the committee that they would monitor the situation throughout the day.

Mercaldi asked if Ingram expected higher enrollment this year since they had opened registration so early. Ingram added that this was possible, and over the past few years they were opening registration earlier and earlier while also being respectful of the summer enrichment programs.

Nicholas Golden wondered whether the coaches and alumni would undergo CORI background checks and emergency procedures would be established. Ingram confirmed that these steps are taken.

Chair Jesse Fennelly asked if they would consider dates into August, especially if the weather caused them to close on some days, but Ingram mentioned that

fall sports start Aug. 15 and public buildings needs time to clean.

Dr. Jenn Bryson thanked the coaches, alumni and athletes who devote their time to make these clinics possible.

Superintendent Dr. Glenn Brand began the conversation around the "Hall of Fame" Wall. He provided context that the conversation predated him, and he came to learn that the previous high school had a sort of "Hall of Fame" that didn't make its way to the new school. This effort had ensued to try to remedy that.

He added that the school district doesn't have an established procedure on governing the installation of permanent fixtures on the walls, suggesting that a policy be considered.

The Hall of Fame Board of Director president and chair shared that the Hall of Fame was created in 1991 and they had since gained 131 athletes, 19 coaches, and 190 inductees. They wanted to replace the old high school's display for years.

Thanks to fundraising campaigns, they would be able to create a new display at no cost to the town. They proposed four sections of

the hallway for the plaques, one being left blank for future inductees and the other three holding the 190 plaques for existing members.

Each plaque would name the athlete and share their picture and accomplishments. They projected the extra section to last for the next 30 years of inductions.

Jay Samaha shared his support for the proposal.

"I think it's an important part of Wilmington history," he said.

Golden asked why the pre-

vious school's display didn't make it to the new school or how that could be prevented in the future. The Hall of Fame representatives suggested it was a communication issue.

Chair Jesse Fennelly also directed the committee to the idea of creating a policy on how to establish displays in the future.

Turner asked if there was any recognition of students involved in athletics who don't play sports, and the answer said that one of the Hall of Fame categories is

for "benefactors."

Fennelly asked what would happen when they ran out of space. They replied that there was space left for the next 60 years technically. Fennelly also asked about maintenance, and the board of directors members said they would learn about any maintenance needs from the athletic director.

David Ragsdale agreed that the committee could create a policy or process

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▲ Above, the vastly upgraded kitchen will support luncheons and special events.

► Top right, the Wilmington High School a capella group No Music Left Behind performed for the opening day crowd. The group just performed at the 2025 ICHSA Northeast Quarterfinal in Woburn on Feb. 1.

► Right, a new state of the art workout room has natural light and a sound system for the many fitness classes offered at the new Wilmington Senior Center.



▲ Above, Wilmington residents Linda Leighton, Phyllis Healy and Megan Raye enjoyed the festivities. Leighton and Healy are energized by the new building. Said Leighton, "I'm motivated now to get more involved and enjoy this great facility!"



Residents excited for new center



▲ Elderly services van driver Sonja Halliday and coordinator assistant Debbie Hurley greeted visitors at the opening of the new Wilmington Senior Center. Individual bouquets for attendees were provided by the Power of Flowers Project in Tewksbury. (Paige Impink photos)

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(American Rescue Plan Act) funds to cover the deficit.

After an official ribbon cutting, residents were welcomed in for the opening ceremonies. Musical participation included the Wilmington High School band, orchestra, and the high school's acapella group No Music Left Behind, along with the senior center Fun Singers.

Building committee chairperson George Hooper welcomed residents and introduced Terry Marciello, director of elderly services. Marciello credited all the teams involved in the project for its success, and outlined the steps in the process that brought them to the grand opening.

She thanked the voters of Wilmington for making the center possible.

State Senator Barry Finegold presented a proclamation from the Massachusetts Senate and Representative David Robertson presented a proclamation from the House of Representatives. Finegold mentioned former Representative Jim Miceli.

"I wish he were here to see this beautiful building," said Finegold of the long-time Wilmington resident and state representative who passed in 2018.

Owner's Project Manager Daniel Pallotta of P3 Project Planning Professionals thanked the senior center building committee members — Diane Allan, Lilia Maselli, Theresa Manganello, Dennis Kelley, Paul Melaragni, John Holloway, Greg Bendel, and Eric Slagle, who along with Hooper and Marciello, worked tirelessly to be sure that no detail was left to chance.

Pallotta said that this team was by far the best group he had worked with. Additional thanks went out to Dietz & Co., architects and J&J Construction. Pallotta urged residents to advocate for continued funding to keep the building's maintenance on track.

Select Board member Gary DePalma spoke to the crowd.

"This was well spent money by a well organized group," said DePalma.

The project was on time and on budget, according to committee member Diane Allan.

After remarks, residents were invited to tour the facility. A slide show of the project was shown on a massive screen that will be used for movies and bingo in the great hall. The shiny new kitchen was visible, ready to serve meals and support the many outreach events put on by elderly services.

Residents were invited to see the workshop, workout room, library, and arts and crafts room. Functional Fitness "Fun Fit" instructor Paula Goodwin was impressed with the new workout facilities.

"This is going to inspire people to come and enjoy the classes, said Goodwin. "This is an example of what the new definition of active aging is all about."

Goodwin noted the room has a state of the art sound system, cubbies for personal items, a wall of mirrors, workout barre, and lots of natural light.

Residents Linda Leighton and Phyllis Healy attended along with Healy's daughter, Megan Raye.

"We're absolutely dazzled, said Healy. "I come to play Mahjong and now I'll be able to hear."

Leighton said that the new facility was an inspiration and she feels excited to have a reason to come check out more activities. That sentiment was shared by many residents who were not already accessing the town's robust senior programming.

In addition to indoor activities, the center has outdoor facilities for bocce and pickleball.

Marciello said, "This was made all made possible by so many awesome teams and the residents of Wilmington that voted and made this possible. The fun has just begun!"

Hooper said, "We had the opportunity which only comes once in a lifetime and we wanted to do it right. This has been a labor of love; there's been a sense of pride in this building from start to finish."

Hooper grew up in the town and remarked that not only is his dad able to take advantage of the center as a senior, he himself is a senior now, too, and looks forward to enjoying the facility.

HOF board has support of committee

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Brand stated to the HOF board of directors they had the general support of the committee, and they would work on the policy angle separately.

Someone you love has Alzheimer's

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